

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved) Gurugram. Delhi-NCR Budhera. Gurugram-Badli Road, Gurugram (Haryana) - 122505 Ph 0124-2278183 2278184 2278185

# Yearly report of the extension/Outreach Activities

## <u>Academic Year: 2019 – 2020</u>

Shree Guru Gobind Singh Tricentenary, Gurugram established under the state private university Legislature dated: 24/01/2013 and duly notified under the section 2(f) of the UGC act, 1956 by its Apex regulator Universities grants commission, New Delhi.

The University, being a health Education Institution, is not only known for its best-in-class health education, research, and industry-ready students and innovators but also for its state-of-the-art infrastructure and other facilities.

SGT University has its commitment to society & nation building not through education but also by conducting several types of outreach/extension activities like community health camps, health & hygiene awareness activities, health check-up camps, various disease campaigns, mega awareness drives, environmental awareness, and screening camps, etc.

In the above context, in the academic year 2019-20, SGT University organized a total 83 outreach activities, wherein a total of 2574 students actively participated and provided support to society through these activities.

A detailed list of the activities is being notified with this report marked as Annexure- III.

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<sup>∨</sup>Coordinator Outreach & Extension

Copy to:

- Registrar Office
- NCC Coordinator

3.6.1 Extension and outreach activities such as community Health Education, Community health camps, Teleconferences, Tele-Medicine consultancy etc., are conducted in collaboration with industry, community, Government and non- Government Organizations engaging NSS/NCC/Red cross/YRC, institutional clubs etc., during the last five years

Year	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such activities	Number of teachers participated in such activities
2019- 20	School health camp	Organized by Faculty of Dental Sciences in Collaboration with Colgate and Indian association of Public health & Dentistry	10	2
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Devilal Nagar, Gurgaon. in collaboration with Village- Panchayat	4	1
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Rajender Park. Gurgaon in collaboration with Village- Panchayat	9	0
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Village-Ladpur , Jhajjar . in collaboration with Reliance MET	8	0
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Gurugram Village in collaboration with Village- Panchayat	7	1
2019- 20	Community Health Camp	Organized by Faculty of Dental Sciences in ITI, Gurugram		
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Mohamedpur , Gurugram. in collaboration with Village- Panchayat	4	1

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2019- 20	Community Health Camp	Organized by Faculty of Dental Sciences at Gurugram		
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Village - Hasanpur, Sohna, Gurgaon. in collaboration with Village- Panchayat	8	0
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Madanpuri, Pataudi, Gurgaon in collaboration with Village- Panchayat	5	1
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at village-Khandsa , Gurgaon in collaboration with Village- Panchayat	8	1
2019-20	Community Health Camp	orgainised by Public Health Dentistry at Surat Nagar, Gurgaon in collaboration with Village- Panchayat	4	1
2019-20	Community Health Camp	orgainised by Faculty of Dental Sciences at Village-Jatoli, Gurgaon in collaboration with Village- Panchayat	8	2
2019- 20	Community Health Camp	orgainised by Faculty of Dental Sciences at Village- Hasanpur, Gurugram		
2019-20	Community Health Camp	orgainised by Public Health Dentistry at Village -Khandsa , Gurgaon in collaboration with Village- Panchayat	20	1
2019- 20	Community Health Camp	Orgainised by Faculty of Dental Sciences, SGT University at Village - Lohari Hailymandi	6	2

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2019-20	School Camp (Health Camp)	orgainised by Public Health Dentistry at Sarvodaya Kanya Vidhyalaya, Mandi Delhi in collaboration with School Administration	5	1
2019-20	School Camp (Health Camp)	orgainised by Faculty of Dental Sciences at Primary girls School, Bhati Mines, Delhi.	4	1
2019-20	School Camp (Health Camp)	orgainised by Faculty of Dental Sciences at Brook Hill Public School, Gurgaon in collaboration with School Administration	6	1
2019-20	Community Health Camp	organised by Faculty of Dental Sciences SGTU at Farrukhnagar. in collaboration with Village- Panchayat	5	1
2019-20	Community Health Camp	organised by Faculty of Dental Sciences, SGTU at Khera Khurampur. in collaboration with Village- Panchayat	7	0
2019-20	Community Health Camp	organised by Faculty of Dental Sciences SGTU at Rajender Park. in collaboration with Village- Panchayat	9	1
2019- 20	School Camp (Health Camp)	orgainised by Faculty of Dental Sciences at Rao Ganga Ram Se. Sec. School , Old Delhi in collaboration with School Administration	4	1 j.
2019- 20	Community Health Camp	Orgainised by Faculty of Dental Sciences, SGT University at Gurugram Area	8	2
2019- 20	School Camp (Health Camp)	organised by Faculty of Dental Sciences at Mata Daan kaur Public School, Mundhela. in collaboration with School Administration	1	3

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2019-20	Community Health Camp	orgainised by Public Health Dentistry, SGTU at Village-Pelpa, Jhajjar in collaboration with Reliance MET	11	1
2019-20	School Camp (Health Camp)	organised by Faculty of Dental Sciences at Sevti Devi Memorial School, Delhi in collaboration with School Administration	15	0
2019-20	School Camp (Health Camp)	organised by Faculty of Dental Sciences at Citizen Model School, Budh Vihar, Rohini , Delhi in collaboration with School Administration	11	1
2019-20	School Camp (Health Camp)	organised by Faculty of Dental Sciences at Happy Model School, Janakpuri in collaboration with School Administration	13	1
2019-20	School Camp (Health Camp)	organised by Faculty of Dental Sciences SGT at Keshar Vihar Vidya, School, Pataudi in collaboration with School Administration	8	1
2019-20	School Camp (Health Camp)	organised by Faculty of Dental Sciences SGT at Heritage School Of Learning Mangawas, Jhajjar. in collaboration with School Administration	11	.1
2019-20	School Camp (Health Camp)	organised by Faculty of Dental Sciences SGT at Suraj School, Kosli , Rewadi in collaboration with School Administration	7	. 1
2019-20	School Camp (Health Camp)	orgainised by Faculty of Dental Sciences SGT at SD Memorial School , Gurgaon in collaboration with School Administration	15	0
2019-20	School Camp (Health Camp)	organised by Faculty of Dental sciences SGT at Shiksha bharti Public School, Gurgaon in collaboration with School Administration	8	1

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2019- 20	Community Health Camp	Organized by faculty of dental sciences SGTU at Rajiv Nagar, Phase - 2 Gurugram	3	2
2019- 20	Community Health Camp	Orgainised by Faculty of Dental Sciences, SGT University at The Blind School, Delhi in collaboration with Rotary club members, Noida	3	2
2019-20	Role Play Suicide Prevention	Organized by Faculty of Nursing, SGTU at Vishva Bharti Public School, Budhera, Gurugram in collaboration with Nightingale Association for Stress Management	20	3
2019-20	Mass Awareness Programme On Malaria, Dengue and Chikenguniea	Organized by Faculty of Nursing, SGTU at Daultabad Village in Collaboration with the Well Being Association".	42	4
2019-20	Mass Awareness Rally On "Say No To Plastic"	Organized by Faculty of Nursing, SGTU at Daultabad Village in Collaboration with the Well Being Association".	23	4
2019-20	Rally And Nukkad Natak On Hiv/Aids	Organized by Faculty of Nursing, SGTU at Daultabad Village in Collaboration with the Well Being Association".	25	4
2019-20	Nukkad Natak On Family Planning methods	Organized by faculty of Nursing, SGTU at Civil hospital, gurugram, in collaboration with Pflege Association	15	3
2019-20	Role Play On Suicide Prevention	Organized by Faculty of Nursing, SGTU at Institute of Mental Health And Hospital, Agra, in collaboration with Nightingale Association for Stress Management	10	6
2019-20	Training on Medicinal benefits of Herbs	Organized by Outreach committee, FIMS, SGTU at Governmenet Middle School , Governement Primary School , Khera Khurrampur	4	1

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2019-20	Yoga Camp	Organized by Outreach committee, FIMS, SGTU at Governmenet Middle School , Governement Primary School , Khera Khurrampur	4	
2019-20	Jal Shakti Abhiyan	Organized by Faculty of Agricultural Sciences, SGT University at Adampur Dhadi, Dagroli in collaboration with Dept o agriculture and farmers welfare, Haryana and Gram	20	2
2019- 20	Advisory to farmers	Organized by Faculty of Agricultural Sciences, SGT University at Village Badrai and Rambass in collaboration with Gram panchayat and Dept of Agriculture and Farmers welfare	5	1
2019- 20	Awareness Program	Organized by Faculty of Agricultural Sciences, SGT University at Village Nawa in collaboration with Gram Panchayat Yuva club and Haryana agriculture department	12	1
2019- 20	Kisan Gosthi	Organized by Faculty of Agricultural Sciences, SGT University at Village Rampura in collaboration with Gram Panchayat Yuva club and Haryana agriculture departmen	15	1
2019- 20	kisan Gosthi	Organized by Faculty of Agricultural Sciences, SGT University at KVK Bhiwani in collaboration with Haryana Agriculture Dept	12	1
2019- 20	kisan Gosthi	Organized by Faculty of Agricultural Sciences, SGT University at Village Gopal was in collaboration with Gram Panchayat Haryana Agriculture Dept	12	1
2019-20	Tree Plantation Drive	Organized by Outreach committee, FCAM, SGTU at Mankrola Village	103	4
2019-20	Promotion Of Handmade Products	Organized by Outreach committee, FCAM, SGTU at Khera Village	20	2



2019-20	One day training on preparation of Value Added Vermicelli	Organized by Outreach committee, FAHS, SGTU at Village Kheda Khurrampur,Farrukhnagar , Gurugram	5	2
2019-20	One day training on processing of stuffed chilli pickle	Organized by Outreach committee, FAHS, SGTU at Village Kheda Khurrampur,Farrukhnagar , Gurugram	5	2
2019-20	One day training on preparation of Organic Ragi based mathri	Organized by Outreach committee, FAHS, SGTU at Village Kheda Khurrampur,Farrukhnagar , Gurugram	5	2
2019-20	Exhibition cum sales of various food products developed by women entrepreneur in techfest 2019 at SGT	Organized by Outreach committee, FAHS, SGTU	5	2
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS, SGTU at DRA Sr Sec Public school, Majri Gurugram	50	4
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS, SGTU at Indraprastha Sr Sec school, Dwarka Sec 22	50	4
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS, Sevti Devi Memorial Sr Sec Vidyamnadi Dwarka ,Delhi	40	5
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,Citzen Model School BudhVihar ,Delhi	35	4
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,Happy Model School Jankpuri ,Delhi	35	6

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Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,S R Sr Sec School ,Jajjhar	30	4
Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,Surya Model School ,New Delhi	25	4
Vision Screening Camps	Organized by Outreach committee,FAHS SGTU, Brookhill Public School ,New Delhi	5	4
Vision Screening Camps	Organized by Outreach committee,FAHS SGTU, Keshav Vidya Vihar Sr Sec School,Pataudi	35	.4
Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,Suraj School Kosli,Haryana	50	5
Vision Screening Camps	Organized by Outreach committee,FAHS SGTU, Rishi Public School ,Haryana	30	4
Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,S D Memorial School ,Old Gurgaon Haryana	60	4
Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,Heritag School of Learning ,Jajjhar	10	4
Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,AVR Public School ,Haryana	55	4
	Vision Screening Camps         Vision Screening Camps	Vision Screening Campscommittee, FAHS SGTU, S R Sr Sec School , JajjharVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Surya Model School ,New DelhiVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Brookhill Public School ,New DelhiVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Keshav Vidya Vihar Sr Sec School, PataudiVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Keshav Vidya Vihar Sr Sec School, PataudiVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Suraj School Kosli, HaryanaVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Rishi Public School , HaryanaVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Rishi Public School , HaryanaVision Screening CampsOrganized by Outreach committee, FAHS SGTU, SD Memorial School , Old Gurgaon HaryanaVision Screening CampsOrganized by Outreach committee, FAHS SGTU, SD Memorial School , Old Gurgaon HaryanaVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Heritag School of Learning , JajjharVision Screening CampsOrganized by Outreach committee, FAHS SGTU, Heritag School of Learning , Jajjhar	Vision Screening Campscommittee, FAHS SGTU, S R Sr Sec School ,Jajjhar30Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Surya Model School ,New Delhi25Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Brookhill Public School ,New Delhi5Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Keshav Vidya Vihar Sr Sec School, Pataudi35Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Keshav Vidya Vihar Sr Sec School, Pataudi35Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Suraj School Kosli, Haryana50Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Suraj School ,Haryana30Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Suraj School ,Haryana30Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Suraj Public School ,Haryana60Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, S D Memorial School ,Old Gurgaon Haryana10Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, Heritag School of Learning ,Jajjhar10Vision Screening CampsOrganized by Outreach committee, FAHS SGTU, AVR55

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2019-20	Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,Akash Public School ,Haryana	25	4
2019-20	Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,Xion International Convent School ,Haryana	25	4
2019-20	Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,Little Angels Sr Sec School , Jajjhar, Haryana	15	4
2019-20	Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,Roseland Public Sr Sec School , Haryana	15	4
2019-20	Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,Sheetla Vidyapeeth School , Haryana	45	4
2019-20	Vision Screening Camps	Organized by Outreach committee,FAHS SGTU,MR Sr Sec School , Haryana	42	4
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,Saraswati International School , Haryana	20	5
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,Scholars Global School, Bahadurgarh ,Haryana	10	5
2019-20	Vision Screening Camps	Organized by Outreach committee, FAHS SGTU,Genius Convent sr Sec School	20	5

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2019 -20	activity for skill development	organised by Faculty of Fashion & Design	2	5
2019- 2020	world AIDS day	Organized by Faculty of Medicine and Health Sciences, SGTU in Chnabdu	250	9
2019-20	world dibetics day	Organized by Faculty of Medicine and Health Sciences, SGTU in Makrola	120	9
2019-20	Awareness Campain on Media literacy	Organized by Outreach committee, FMMT, SGTU at Sarvodaya Kanya Vidhyalaya and Rachna Public School ,Ghummanhera Village,Gurugram	10	2

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## SGT DENTAL COLLEGE, HOSPITAL & RESEARCH INSTITUTE BUDHERA, SGT UNIVERSITY, GURGAON

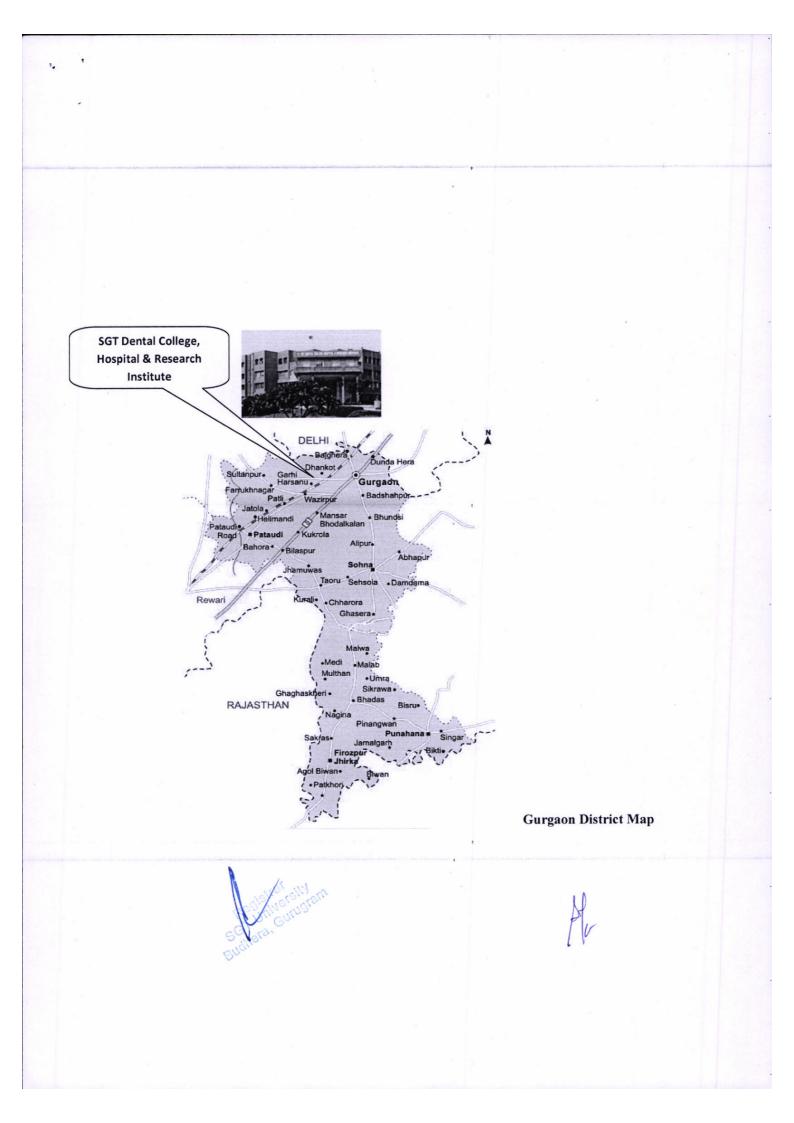
#### **Public Health Dentistry**

1<sup>ST</sup> January 2020 to 31<sup>st</sup> December 2020

#### SOCIAL RESPONSIBILITY

The branch of Public Health Dentistry deals with more of general dentistry at the out-reach levels and also with research on oral health care. The role of Public Health Dentist is equally important in today's world as we are able to make the dental care facilities available to the masses & needy people, to whom these services are not available at approachable & affordable standards. We at SGT University believe in planning and executing targeted goals so that we can perform our duties as health care clinicians to alleviate the enormous levels of dental diseases from all the age groups of the society.

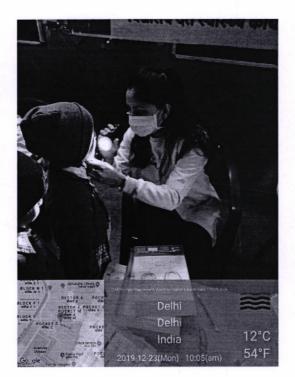
The department is regularly conducting outreach activities on daily basis, thus providing screening and treatment for oral diseases in rural as well as urban areas in and around gurgaon-NCR. The objective behind such programs is to make the dental care facilities available to the masses & needy people, to whom these services are not available at approachable & affordable standards. The department has conducted around 25 camps during this period. Around 4000 patients were screened and treated for their ailments at the camp site. Also, the patients were reffered to the Faculty of Dental Sciences, SGT University for further advanced care. We also collaborated with Colgate Palmolive Pvt. India Ltd. for conducting oral health screening exercise at various locations in National Capital Region. We conducted 210 such activities at various locations covering nearly 95319 school children from December 2019 till February 2020. Some of the outreach/ extension activities organized by the department are as follows:



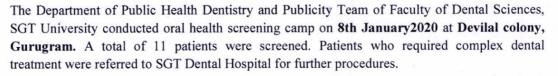
#### **School Health Related Activities**

The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University in collaboration with **Colgate and Indian Association of Public Health Dentistry**conducted an oral health screening and awareness drive between 16<sup>th</sup> December 2019 to 19<sup>th</sup> February 2020 covering schools in various localities of Delhi covering School Children. The activity involved screening oral health education, distribution of Toothpaste and brush to the school children and insurance card worth 1000 /- Students and their teachers were instructed on the method of registration using the insurance card and how to avail the scheme. Numerous teams of interns and faculty members participated wholeheartedly in the drive on a daily basis to cover as many school children as possible in order to spread awareness regarding oral health at a young age and also motivating the children to brush twice a day so they remain free from oral diseases and have a healthy future.





### **Outreach activities at Village level**







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The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 16 January2020 at **Rajendernagar,Gurugram.** 40 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.

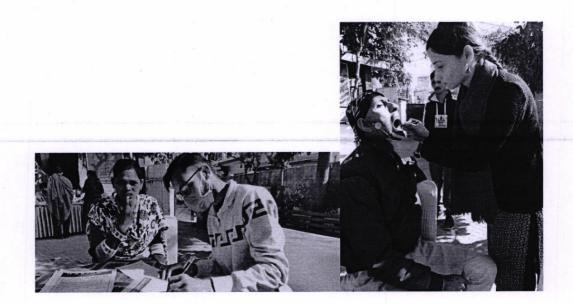


The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening and treatment program on 17<sup>th</sup> January 2020 at Village Ladpur in collaboration with NGO Reliance SEZ Pvt. Ltd. 104 patients were examined. Patients who required complex dental treatment were referred to SGT University for further procedures. Along with the Dental Checkup and Treatment Toothpaste, Mouthwash, Medicines were also distributed to the patients according to their symptoms.

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The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on **23rd January2020** at **Gurugram village**. The Dental Check up was done and oral health education was given. 25 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.



The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on **24th January2020** at **ITI,Gurugram**. 56 patients were screened. The purpose of the Oral Health check up was to create awareness among the community and make them understand the importance of oral health care so as to have a healthy nation.

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The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on **29th January 2020** at **Mohammadpur,Gurugram.** A total of 14 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.





The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on **1st February 2020** at **Gurugram**. A total of 17 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.



SGT University conducted health camp drives on 05 feb 2020 at Hasanpur village, Gurgaon. 19 patients were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people.



The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on **12 February 2020** at**Madanpuri**.The Dental Check up was done and oral health education was given. 14 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.



The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 19<sup>th</sup> February 2020 atKhandsa. The

Dental Check up was done and oral health education was given. 80 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.



The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 22 February 2020atSuratnagar,Gurugram .The Dental Check up was done and oral health education was given. A total of 161 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.



The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 26<sup>th</sup> February 2020 at Jatoli.A total of 45 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.



SGT University conducted health camp drives on **29 feb 2020 at Hasanpur village, Gurgaon.** 61 patients were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. Patients who required dental treatment were referred to SGT Dental hospital for further treatment.



The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 4<sup>th</sup> March 2020 atKhandsa.The Dental Checkup was done and oral health education was given. 65 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.

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The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 7<sup>th</sup> March 2020 atHailymandi. 46 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures.





(2019-20)

participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.



• A school camp was organized by Department of Public Health Dentistry, FODS, SGT University, on 30 July, 2019 on the occasion of world Oral Hygiene Day at Sarvodaya kanya vidayala mandi, New Delhi. The camp was headed by Dr. Priyanka Kundu (PG student) along with 5 interns. Oral health check-up was done for all the school children. An oral health talk regarding daily oral hygiene maintenance along with brushing technique demonstration was given to all children by Dr. Priyanka.





The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening and treatment program on 1st August; 2019 at Village Lohat, Jhajjar in collaboration with NGO Reliance SEZ Pvt. Ltd. The Dental Check up and treatment activity was headed by Dr. Bhavna along with 2 PG, 4 interns and 2 attendants. Mobile Dental Van of the University was also taken for the event to accomplish the treatment procedures. The event started at 10:30 am and continued till 2:30 pm. Around 93 patients were examined out of which 19 were provided dental treatment in the mobile dental van. Patients who required complex dental treatment were referred to SGT University for further procedures. Along with the Dental Checkup and Treatment Toothpaste, Mouthwash, Medicines were also distributed to the patients according to their symptoms after checkup which were provided by Reliance SEZ Pvt. Ltd. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.



The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 3 August 2019 at Primary Girls School, Bhatti Mines. The Dental Check up was done and oral health education was given. The team was headed by Dr.Prerna along with 4 interns namely, Deeksha Kalia, Swati , Parul, Kanishka . The screening commenced at 8:30 am and concluded till 12:00 pm. A total of 491 Children were examined. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The session was concluded by giving oral health education to the participated people and teaching of proper brushing technique along with proper hand sanitation. The purpose of the Oral Health screening camp was to create awareness among the community and make them understand the importance of oral health care so as to have a healthy nation.





The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening on 9<sup>th</sup> August 2019 at BROOK HILL PUBLIC SCHOOL, Dautltabaad, Gurugram. The Dental Check up and treatment activity was headed by Dr.AnkitaYadav(PG 1<sup>st</sup> year)5 interns and 1 attendant. The event started at 10:30 am and continued till 2:00 pm. 96patients were examined. Patients who required complex dental treatment were referred to SGT University for further procedures. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.

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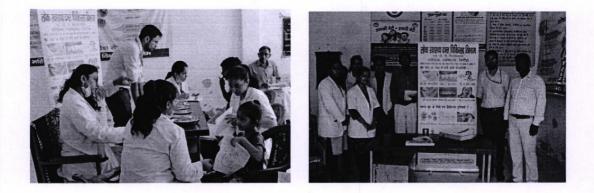
101



• The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening and awareness camp on 10August,2019 in Suratnagar ,Gurugram . The Dental check up was done and oral health education was given. The team was headed by Dr.Prerna along with 4 interns namely, Tanya,Vikalp,Vikram,Poonam. The screening commenced at 11:00 am and concluded till 2:00 pm. A total of 200 people were examined. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The session was concluded by giving oral health education to the participated people and teaching of proper brushing technique along with proper hand sanitation. The purpose of the Oral Health screening camp was to create awareness among the community and make them understand the importance of oral health care so as to have a healthy nation.



The Department of Public Health Dentistry and Publicity Team of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 27th August 2019 at Farukhnagar village The Dental Check up was done and oral health education was given. The team was headed by Dr. Abhinav Bhargava Senior Lecturer along with 1 Post Graduate Dr Aanchal 4 interns and 1 attendant on 27th August 2019. The screening commenced at 1000 hrs and concluded at 1300 hrs. A total of 25 patients were screened. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The purpose of the Oral Health check up was to create awareness among the community and make them understand the importance of oral health care so as to have a healthy nation.



The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 30 August, 2019 at village Khera KHURRAMPUR. The Dental Check up was done and oral health education was 'given. The team was headed by Dr.Prerna along with 4 interns and 1 attendant. The screening commenced at 9:30 am and concluded till 1:00 pm. A total of 40 people were examined out of which 21 were children. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The session was concluded by giving oral health education to the participated people and teaching of proper brushing technique along with proper hand sanitation. The purpose of the Oral Health screening camp was to create awareness among the community and make them understand the importance of oral health care so as to have a healthy nation.



The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening on 3RD September 2019 at Rajender Park, Gurugram . The Dental Check up and Vniversity lera, Gurugram

102

treatment activity was headed by Dr. Amrita (Sr. Lecturer) 4 interns and 1 attendant. The event started at 10:50 am and continued till 1:00 pm. 41 patients were examined. Patients who required complex dental treatment were referred to SGT University for further procedures. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.



The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening on 14<sup>th</sup> September;2019 at Rao Gangaram Sr. Sec. School,Kapashera. The Dental Check up was headed by Dr.Ankita. The event started at 10:30 am and continued till 2:30 pm. A total of 295 students were examined. Patients who required complex dental treatment were referred to SGT University for further procedures. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.



The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening on 21st September 2019 at Gurugram, The Dental Check up was headed by Dr. Ankita. The event started at 10:30 am and continued till 2 pm. A total of 22 patients were examined. Patients who required complex dental treatment were referred to SGT University for further procedures. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.

106



• The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening on 3<sup>rd</sup> & 4<sup>th</sup> October;2019 at Mata Daan Kaur Public School, Mundhela. The Dental Check up was headed by Dr.Ankita & Dr.Priyanka.. The event started at 10:30 am and continued till 2 pm. A total of 776 students were examined. Patients who required complex dental treatment were referred to SGT University for further procedures. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.



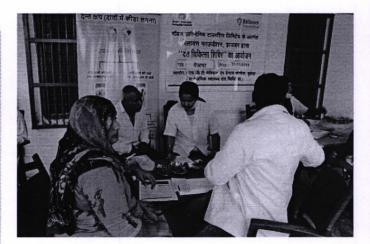


• The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening and treatment program on 21<sup>st</sup> November 2019 at Village **Pelpa in collaboration with NGO Reliance SEZ Pvt. Ltd.** The Dental Check up and treatment activity was headed by Dr. Bhavna along with 1 PG, 04 interns and 2 attendants. Portable dental chair with compressor unit was taken for the event to accomplish the treatment procedures. The event started at 10:30 am and continued till 2:30 pm. around 108 patients were examined out of which 3 were provided dental treatment. Patients who required complex dental treatment were referred to SGT University for further procedures. Along with the Dental Checkup and Treatment Toothpaste, Mouthwash, Medicines were also distributed to the patients according to their symptoms after checkups which were provided by Reliance SEZ Pvt: Ltd. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care.

## शिविर में 115 लोगों ने करवाई दांतों की जांच



बादली। रिलायंस द्वारा स्थापित की जा रही मॉडल इकोनॉमिक टाउनशिप कंपनी के अंतर्गत आने वाले गांव पेलपा के प्राइमरी स्कूल में दंत जांच चिकित्सा शिविर का आयोजन रिलांयस फाउंडेशन द्वारा किया गया। यह शिविर मेडिकल एवं डेंटल कॉलेज बुढ़ेडा के सहयोग से लगाया गया। इसमें 6 चिकित्सकों की टीम ने मरीजों के दांतों की जांच की। तहसीलदार श्रीनिवास ने शिविर का शुभारंभ किया। शिविर में डॉ. भावना, अंचल, सुनीता, शिवांगी, निशु, जतिन, सुनील, राजकुमार का विशेष सहयोग रहा। इस दौरान शिविर में 115 ग्रामीणों ने अपने दांतों की जांच करवाई। इसमें से तीन लोगों के दांतों की सफाई की गई। सभी को माउथ वास व संवेदनशील दंत मंजन एवं अन्य दवाईयां रिलायंस कंपनी द्वारा दी गई। डॉ. भावना ने मरीजों व बच्चों के चेकअप करने के बाद बताया कि अधिकतर मरीजों के दांतों व मसुड़ों में खून आना नियमित रूप से ब्रुश न करना, धूम्रपान की समस्या से संबंधित बीमारियों से ग्रसित पाया। उन्होंने इन बीमारियों से बचने के लिए सुझाव दिए। तहसीलदार श्रीनिवास ने कहा कि इस तरह के शिविर समय-समय पर गांवों में आयोजित होते रहने चाहिए। इस मौके पर सरपंच महावीर, ज्ञानेंद्र, रमेश चौकीदार, राज सिंह, पंच जय प्रकाश, सोनू, धारे, मुकेश, बिजेंद्र, रिलायंस की तरफ से परमजीत, लोकेश, नीलम, संजय, अक्षय मौजूद रहे।





 SGT University conducted health camp drives on 26<sup>th</sup> November 2019 at SEVTI DEVI MEMORIAL SR. SEC. VIDYA MANDIR, OPPOSITE DASHRATPURI METRO STATION, MAHAVIR ENCLAVE, (DWARKA) NEW DELHI -110045. The Dental team took initiative under the guidance of Dr. ShouryaTandon. (Prof. & Head) and Dr. Sachin Chand (Associate Professor). The Dental team was headed by Dr. Aanchal (postgraduate) along with 5 Interns

(Nishu,Guneet,Girisha,Chainika and Jasmeet) and 1 Attendant (Rajkumar ). The camp started at 10:30 am and continued till 2:00 pm. Around 238 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care. Students who required dental treatment were referred to SGT Dental Hospital for further treatment.



• SGT University conducted health camp drives on 27<sup>th</sup> November 2019 at Citizen model school, Budh vihar phase 2 Rohini, New Delhi. The Dental team took initiative under the guidance of Dr. Shourya tandon. (Prof. & Head) and Dr. Sachin chand (Associate Professor). The Dental team was headed by Dr. Amrita (Sr Lecturer) along with 5 Interns (Indu, Gurupriya, Guneet, Chainika and Jasmeet) and 1 Attendant (Somveer). The camp started at 10:45 am and continued till 1:30 pm. Total 327 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care. Students who required dental treatment were referred to SGT Dental hospital for further treatment.





SGT University conducted health camp drives on 28<sup>th</sup> November 2019 at Happy model school, Janakpuri, New Delhi. The Dental team took initiative under the guidance of Dr. Shourya tandon. (Prof. & Head) and Dr. Sachin chand (Associate Professor). The Dental team was headed by Dr.Ankita along with 6 Interns (Chainika,Mahima,Mandira,Manisha,Jyoti,Kajol) and 1 Attendant (Somveer). The camp started at 11 am and continued till 1:30 pm. Total 437 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care. Students who required dental treatment were referred to SGT Dental hospital for further treatment.



SGT University conducted health camp drives on 2<sup>nd</sup> December 2019 at Keshav Vidya Vihar Sr. Sec. School, Pataudi. The Dental team took initiative under the guidance of Dr. Shourya tandon. (Prof. & Head) and Dr. Sachin chand (Associate Professor). The Dental team was headed by Dr.Amrita along with 1 PG(Dr.Ankita Yadav), 4 Interns (Aditi,Anjali,Ashi,Chainika) and 1 Attendant (Rajkumar). The camp started at 10.30 am and continued till 2 pm. Total 440 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care. Students who required dental treatment were referred to SGT Dental hospital for further treatment.



SGT University conducted health camp drives on 3<sup>rd</sup> and 4<sup>th</sup> DECEMBER 2019 at SURAJ PUBLIC SCHOOL, KOSLI. The Dental team took initiative under the guidance of Dr. Shourya Tandon. (Prof. & Head) and Dr. Sachin Chand (Associate Professor). The Dental team was headed by Dr. Priyanka (postgraduate) along with 7 interns and 1 Attendant. The camp started at 11:00 am and continued till 2:30 pm. around 1140 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care. Students who required dental treatment were referred to SGT Dental hospital for further treatment.



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SGT University conducted health camp drives on 07<sup>th</sup> Dec 2019 at SDMS PUBLIC SCHOOL, OLD GURUGRAM. The Dental team took initiative under the guidance of Dr. Shourya tandon. (Prof. & Head) and Dr. Sachin chand (Associate Professor). The Dental team was headed by Dr. Prerna(postgraduate) along with 5 Interns(Mandira, Manisha, Mahima, Lakshay, Satvik) and 1 Attendant (Sunil). The camp started at 10:15 am and continued till 2:00 pm. Around 576 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care. Students who required dental treatment were referred to SGT Dental hospital for further treatment.



• SGT University conducted health camp drives on 9<sup>th</sup> December 2019 at Heritage school of learning, Village Mangawas, Jhajjar. The Dental team took initiative under the guidance of Dr. Shourya tandon. (Professor & Head) and Dr. Sachin Chand (Associate Professor). The Dental team was headed by Dr. Sachin Chand along with 5 Interns (Jyoti, Kajol, Mahima, Chesta, Ankita) and 1 Attendant (Mr. Sunil). The camp started at 10.30 am and continued till 1:30 pm. Total 184 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. Students who required dental treatment were referred to SGT Dental hospital for further treatment.



• SGT University conducted health camp drives on 10<sup>th</sup> December 2019 at Shiksha Bharti Public School. The Dental team took initiative under the guidance of Dr. Shourya tandon. (Prof& Head) and Dr. Sachin chand (Associate Professor). The Dental team was headed by Dr.Abhinav Bhargava along with 5 Interns (Nikita Namrata Tanya Satvik Chainika) and 1 Attendant (Sombir). The camp started at 10.30 am and continued till 1 pm. Total 163 students were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. Students who required dental treatment were referred to SGT Dental hospital for further treatment.

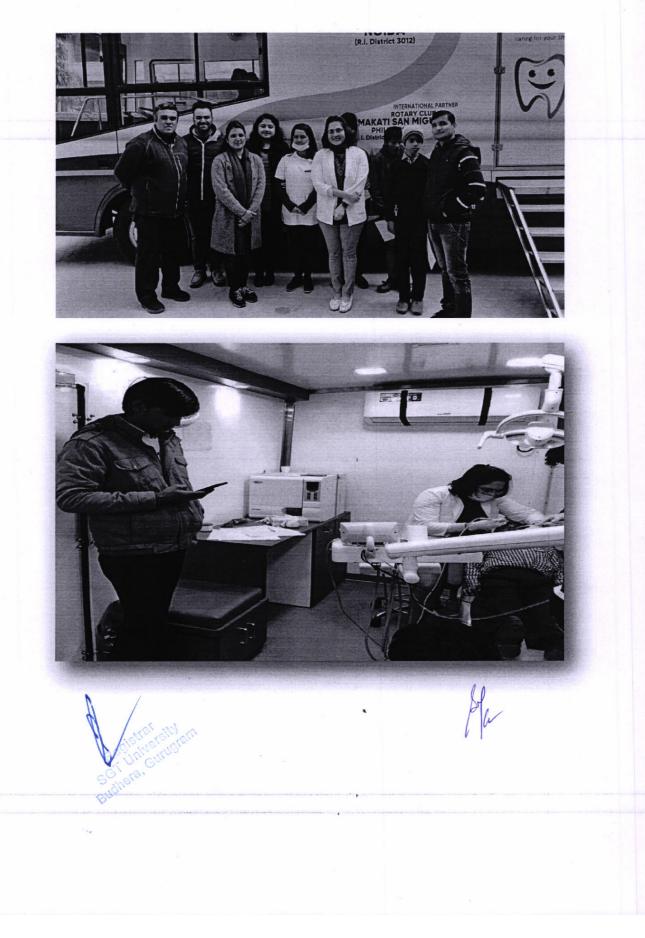


SGT University conducted health camp drives on 19 Dec 2019 at RAJIV NAGAR, PHASE 2 Gurugram. The Dental team took initiative under the guidance of Dr. Shourya tandon. (Prof. & Head) and Dr. Sachin Chand (Associate Professor). The Dental team was headed by Dr. Ankita Yadav (postgraduate) along with 2Interns (Manisha, Laghvi) and 1 Attendant (Rajkumar ). The camp started at 10:15 am and continued till 1:25 pm. around 32patients were examined. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts. The session was concluded by giving oral health education speech to the participated people. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care. Patients who required dental treatment were referred to SGT Dental hospital for further treatment.



• A camp was organized in the Blind school students on 28 December 2019. It was planned by the Rotary club members of Noida in collaboration with department of Public Health Dentistry, FODS .The rotary club team was lead by Dr Rupal along with 2 attendants and the Dental team was lead by Dr. Shourya Tandon (Hod & Professor) and Dr .Amrita Jaggi (Senior lecturer) along with 3 PG'S (Dr Aanchal, Dr Vishal and Dr Adishree). The camp started at 10:00 am and continued till 1:00 pm. Around 40 students were were screened for various oral diseases. Of which 13 were provided dental treatment in the mobile dental van (12 students had their Oral prophylaxis done and 1 student was administered GIC filling). Patients who required complex

dental treatment were referred. Oral Health Education was imparted regarding the importance of adopting a healthy lifestyle through brushing techniques, models and charts.



Faculty of Mursing

# OUTREACH ACTIVITY REPORT AUGUST 2019 – JULY 2020

23

Dean Faculty of Nursing SGT University Budhera, Gurugram



### SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY GURGAON, DELHI-NCR (Established by the Haryana Act No.8 of 2013)

#### FACULTY OF NURSING Role Play On "World Suicide Prevention Day" Date:10th September, 2019 Time: 11:00am to 1:00pm Venue: OPD, IMHH,Agra

#### Organizers:

Nightingale Association of Stress Management, department of Mental Health Nursing, Faculty of Nursing

#### Objective of the programme:

To create awareness regarding suicide and its prevention among the peoples, on the occasion of world suicide prevention day

#### Audience :

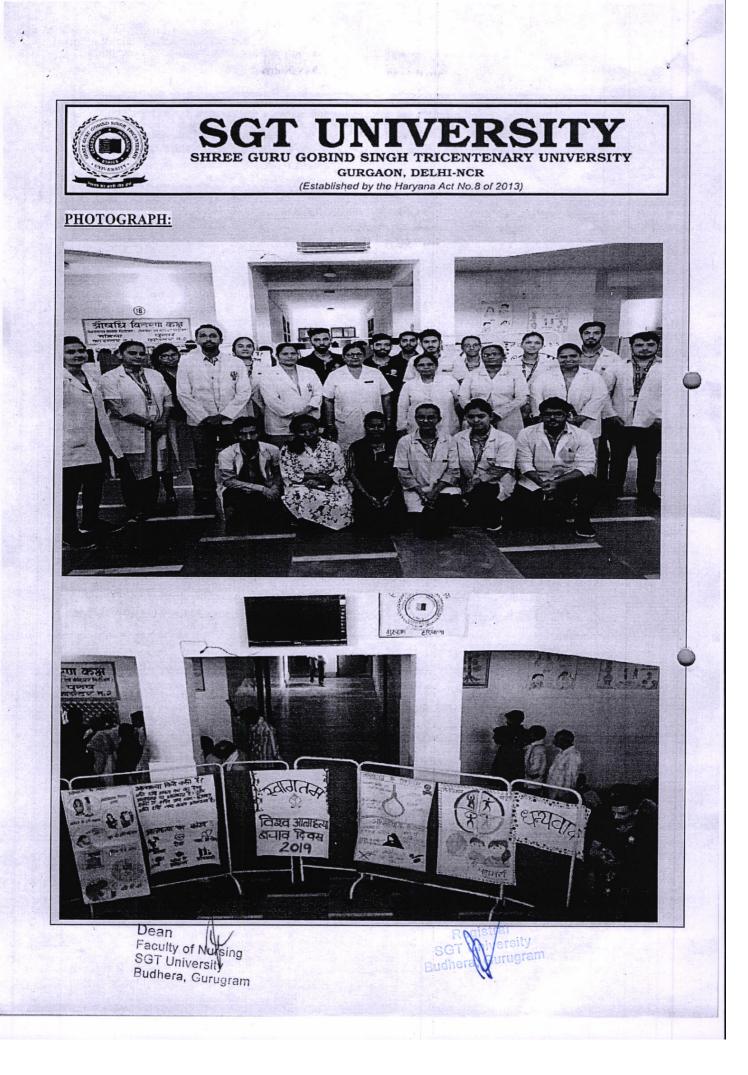
Faculties of SGT University, students from faculty of nursing, SGT University, faculty members of BIMR Nursing college Gwalior, students from BIMR nursing college Gwalior, nursing staff of institute of mental health and hospital Agra and peoples and their relatives who are coming for treatment at institute of mental health and hospital Agra.

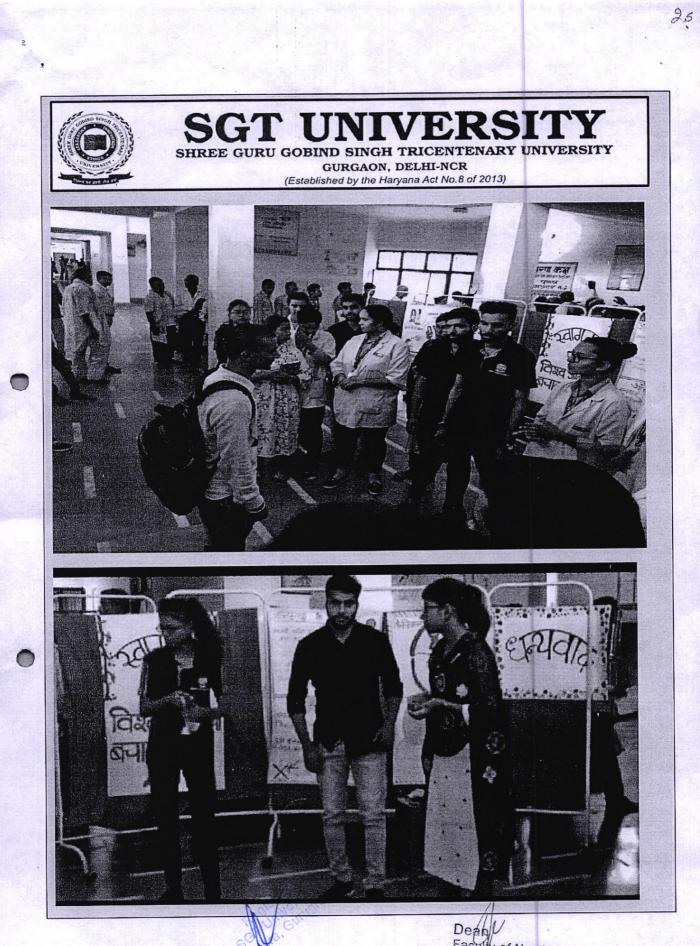
**BRIEF REPORT OF THE PROGRAMME:**Nightingale Association of Stress Management constituted under the Department of Mental Health Nursing has organized a role play on "Suicide Prevention" at Institute of Mental Health And Hospital, Agra, on the occasion of World Suicide Prevention Day 10<sup>th</sup> September 2019. The coordinators of role play Ms. Jyoti, Ms. Komal, Mr. Rahul Chauhan.

The programme was organized by the students of B.Sc. Nursing 5th semester and M.Sc. Nursing 3<sup>rd</sup> semester (Mental Health Nursing) students under the guidance of faculty members of Mental Health Nursing Department. It was attended by more than 250 patients and more than 300 relatives and staff members of Institute of Mental Health And Hospital, Agra.

<u>CONCLUSION</u>: This programme consisted of a role play, health education, and discussion with persons who attend this programmed. Overall programme duration is 45 min. And solve the queries of the relatives of patients, those who are suffering with some Mental Health problems. The programme summed up with a vote of thanks. At the end of programme audience were aware about suicide and its prevention measures.

Deah Faculty of Nursing SGT University Budhera, Gurugram





Deph Faculty of Nursing SGT University Budhera, Gurugram



### SGT UNIVERSITY SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSIT

GURGAON, DELHI-NCR (Established by the Haryana Act No.8 of 2013)

MASS AWARENESS PROGRAM ON MALARIA, DENGUE, AND CHIKUNGUNYA ON 12/09/2019

ORGANIZERS: Wellbeing Association under CHN Department.

**OBJECTIVE OF THE PROGRAM:** To create awareness on Malaria, Dengue, and Chikungunya in Daultabad village, Gurugram.

AUDIENCE: Villagers of Daultabad village.

**BRIEF REPORT OF THE PROGRAMME:** Wellbeing association ,an academic association constituted under the Department of Community Health Nursing, Faculty of Nursing organized a Mass wareness program on Malaria, Dengue, Chikungunya in Daultabad village, Gurugram on 12-09-2019.

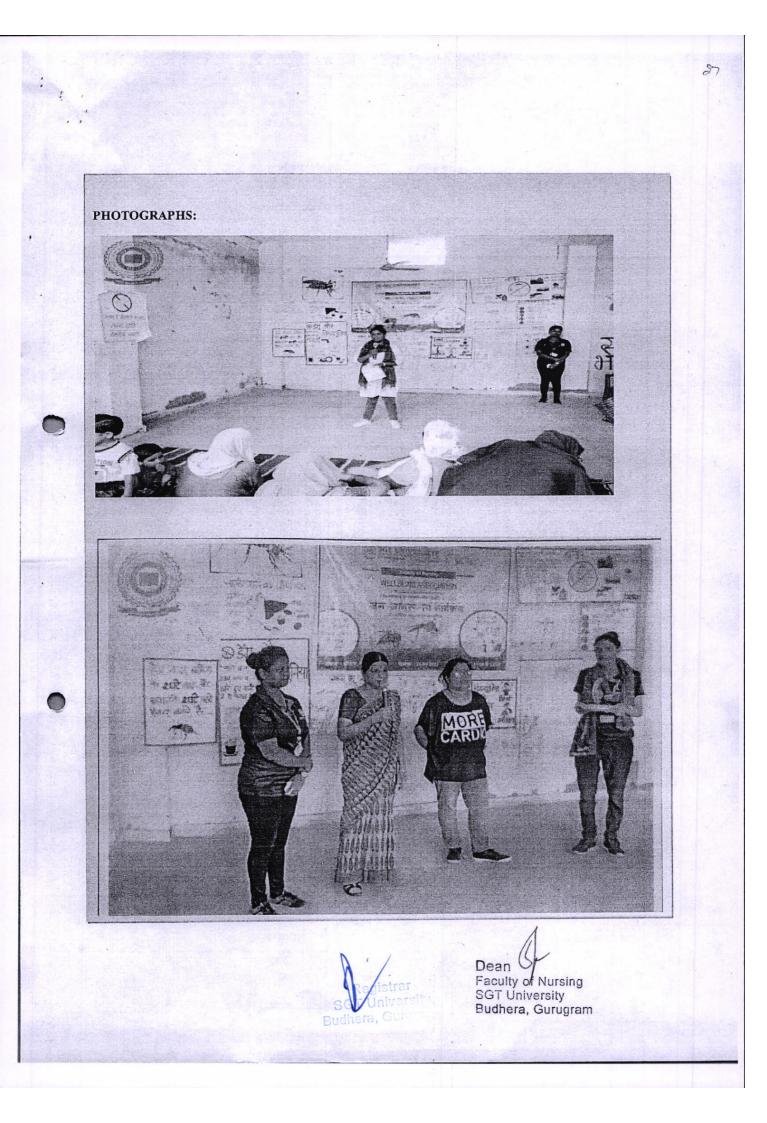
Mosquitoes are one of the deadliest vectors in the world. Their ability to carry and spread the disease to humans causes millions of deaths every yaer. The programme was organized by Students of Bsc 3<sup>rd</sup> semester and MSc Nursing students under the guidance of faculty members of CHN department. It consisted of nukkad natak, a health education and discussion. The programme sensitized the public about the facts, causes, mode of transmission, signs and symptoms, diagnosis, treatment and prevention of MALARIA, DENGUE AND CHIKUNGUNYA.

**CONCLUSION**: At the end of the programme the villagers gained knowledge about the facts, causes , mode of transmission, signs, and symptoms, treatment and prevention of Malaria, Dengue and Chikungunya.

#### PARTICIPATION:

S.NO	NO OF FACULTY PATICIPATION	NO OF PARTICIPATION	STUDENT
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# EVENT RECORD FOR THE SESSION 19-2020





#### SGT UNIVERSITY SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY GURGAON, DELHI-NCR

(Established by the Haryana Act No.8 of 2013)

#### EVENT NAME: Rally on "Say No to PLASTIC"

DATE: 17/10/2019

VENUE: DAULTABAD VILLAGE, GURUGRAM

AUDIENCE: VILLAGERS DAULTABAD VILLAGE

**ORGANIZERS:** Community Health Nursing Department

**OBJECTIVE OF THE PROGRAMME:** To sensitize th public about the facts, causes, harmful effects of using plastic, properly disposal of the plastic items and better alternatives to reduce the use of plastic.

#### **BRIEF REPORT OF THE PROGRAMME:**

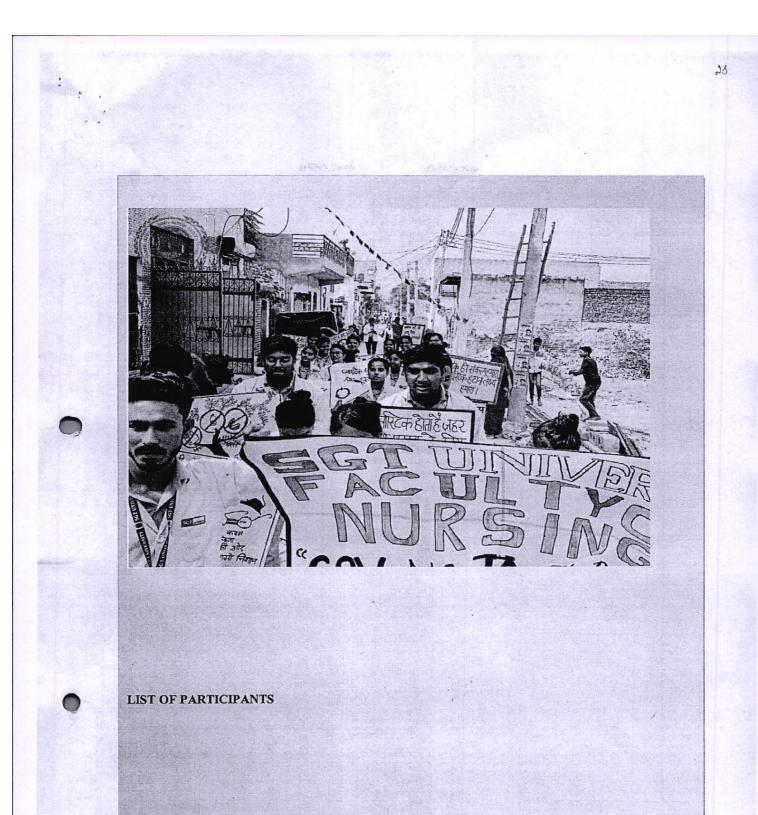
The Department of Community Health Nursing, Faculty of Nursing, organized a Mass Awareness Rally on "SAY NO TO PLASTIC" in Daultabad village, Gurugram on 17-10-2019.

Plastic bags are enemy to the environment, though it may look quite useful. The Rally sensitized the public about the facts, causes, harmful effects, of using plastic, properly dispose of the plastic items and better alternatives to reduce the use of plastic.

The rally was flagged of by Dr Rakesh Kumar, Medical Officer Incharge, PHC, Daultabad with a pledge to refrain from unnecessary usage of single use plastic The rally marched from PHC Daultabad to village Daultabad and successfully conveyed the message of plastic ban.

**PHOTOGRAPHS:** 

Dean Faculty of Nursing ersity Budnera, Gurugram



Dean Faculty of Nursing SGT University Budhera, Gurugram

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		SWEETY GAHLOT	BSC NURSING III
	180415004		SEMESTER
		NISHA	BSC NURSING III
	180415006		SEMESTER
		FARAZ AHMED	BSC NURSING III
	180415007		SEMESTER
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		HIMANSHU KAUSHIK	BSC NURSING III
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		SHALINEE BHARTI	BSC NURSING III
	180415027	SHALINEE BRAKTI	SEMESTER
		NICHA	BSC NURSING III
	180415028	NEHA	SEMESTER
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Dean Faculty of Nursing SGT University Budhera, Gurugram

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		KOMAL	BSC NURSING III
	180415056	ANKITA SHARMA	CEMESTER
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COMMUNITY HEALTH NURSING

FACULTY OF NURSING

SGT University Budhera, Gurugram

Dean

Faculty of Nursing SGT University Budhera, Gurugram

201



## SGT UNIVERSITY

GURGAON, DELHI-NCR (Established by the Haryana Act No.8 of 2013)

EVENT: RALLY AND NUKAD NTAK ON HIV/AIDS

DATE: 2<sup>nd</sup> Dec 2019

**VENUE: PHC DAULTABAD** 

AUDIENCE: GENERAL PUBLIC

#### ORGANIZER: CHN DEPARTMENT, FACULTY OF NURSING

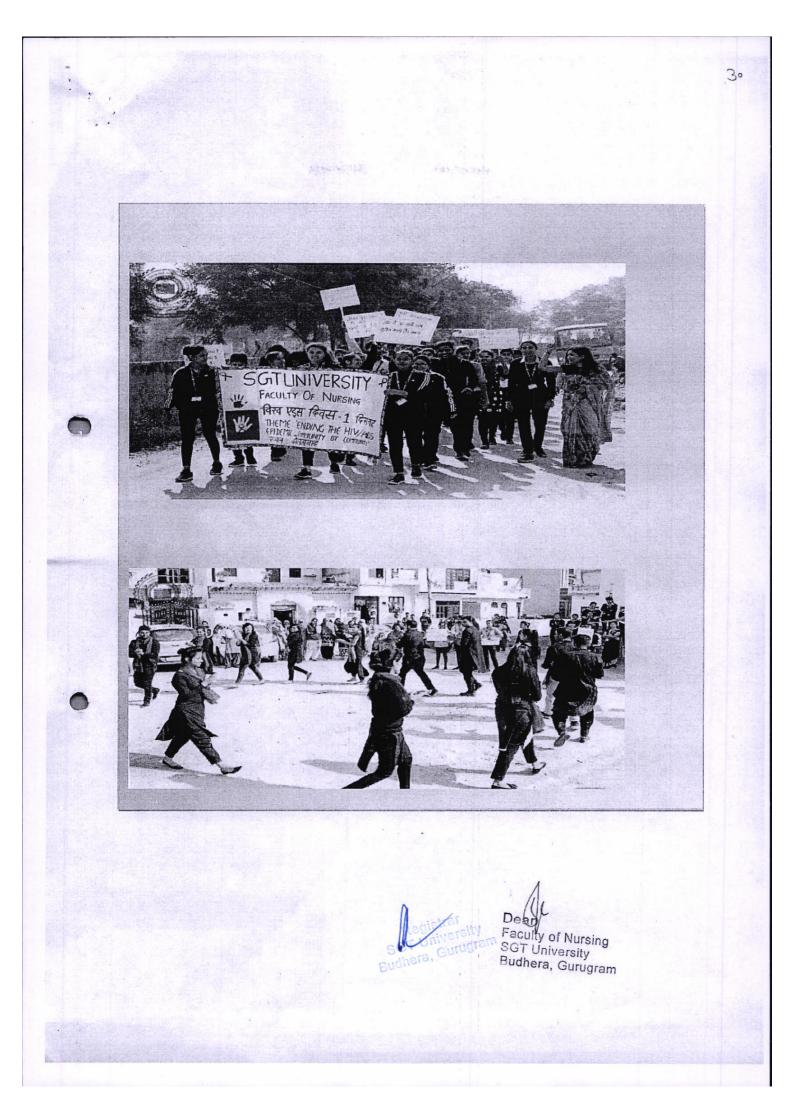
**BRIEF REPORT OF EVENT:** 

The Department of Community Health Nursing from Faculty of Nursing, SGT University organized a Mass Awareness Rally and Nukkad Natak on "HIV/AIDS" under the Theme of 'ENDING THE HIV/AIDS EPIDEMIC: COMMUNITY BY COMMUNITY in Daultabad village, Gurugram on 02-12-2019. AIDS is the most advanced stage of HIV infection. Once HIV infection develops into AIDS, infections, and cancer pose a greater risk. Without treatment, HIV infection is likely to develop into AIDS as the immune system gradually wears down. However, advances in ART mean than an ever-decreasing number of people progress to this stage. The program was organized by the students of Bsc Nursing 4th year and M.Sc. Nursing students under the guidance of faculty members of the Community Health Nursing Department. The rally was inaugurated by Dr Rakesh Kumar, Medical Officer Incharge,PH Daultabad.

The Rally sensitized the public about the facts of HIV/AIDS, and then Nukkad Natak gave information about the transmission of HIV/AIDS, treatment, prevention and Myths of HIV/AIDS. Around 50 villagers attended the event .Altogether the event was a success as many villagers came forward to interact and discuss about AIDS.

**PHOTOGRAPHS:** 

Dean Faculty of Nursing SGT University Budhera, Gurugram



MICCIONIE P

Faculty of Ref. No. FON/SGTU/19/ To The Medical Incharge PHC, Daultabad Village Gurugram, Haryana	Date 30.11.2019
he Medical Incharge HC, Daultabad Village	Date 30.11.2019
HC, Daultabad Village	
Gurugram, Harvana	
the second se	
ubject: - Permission for conducting a Rally and ?	Nukkad Natak on World AIDS Day 2010
ir,	
IDS Day 2019, the Department of Community H see Nursing IV year is going to organize Rally an illage on 02 December, 2019 from 10:30 am ony (indly grant us the permission for the same. We	id Nukad Natak from PHC Daultabad to the centre of wards.
hanking you	
Dean Faculty of Nursing SGT University Budhera, Gurugram	
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udhera, Gurugram	Produced Officer In marce Medicel Officer In Davidbad Medicel Officer In Maryana Prit an uscam, Naryana
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Dean Faculty of Nursing SCT University Budhera, Ourugram

#### To The Doan Faculty of Nursing

Shree Gura Gobind Singh Tercentenery University, Guragram

#### Subject: Letter of Appreciation

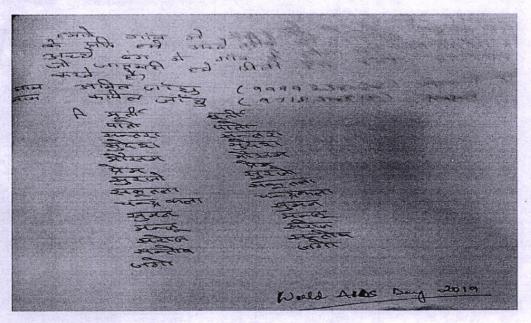
We would like to express our gratitude to the Faculty of Nursing (Community Health Nursing Department), SGT University for organizing Raily and Nukkad Natak for the Awareness regarding HIV/AIDS on the occasion of World's AIDS Day on 2<sup>nd</sup> December 2019 at Daultabad village.

We appreciate and acknowledge the efforts made by the suidents of M.Sc. Nursing and R.Sc. Nursing 4<sup>th</sup> year.

Looking forward to such health promotion activities in the future as well.

Thanking You With Regards

#### AUDIENCE LIST/FEEDBACK:



Budhera,

Deàn Faculty of Nursing SGT University Budhera, Gurugram



#### P SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY GURGAON, DELHI-NCR

(Established by the Haryana Act No.8 of 2013)

# ONE DAY TELEMEDICINE PROGRAM ON

"APPROACH TO PATIENT WITH VIRAL HEPATITIS & LIVER DISEASES" ORGANIZERS: The wellbeing association constituted under the Department of Community Health Nursing in collaboration with Liver & Biliary Sciences, New Delhi

EVENT DATE : 28.09.2019

OBJECTIVE OF THE PROGRAMME:

To create awareness regarding viral hepatitis, its complication and management.

AUDIENCE: Nursing students and faculty members, Faculty of Nursing, SGT University

#### BRIEF REPORT OF THE PROGRAMME

The wellbeing association constituted under the Department of Community Health Nursing organized a one day synchronous (Live) telemedicine program titled (ILBS-ECHO) project of (viral hepatitis and other complications) approach to patient with viral hepatitis & Liver diseases on 28.09.2019 from 9.00 am to 4.00 Pm. Institute of Liver & Biliary Science New Delhi is an autonomous roper specialty medical facility under the govt. of national capital territory of Delhi (GNCTD) and a WHO collaborating center (WHDCC) for viral hepatitis & liver diseases.

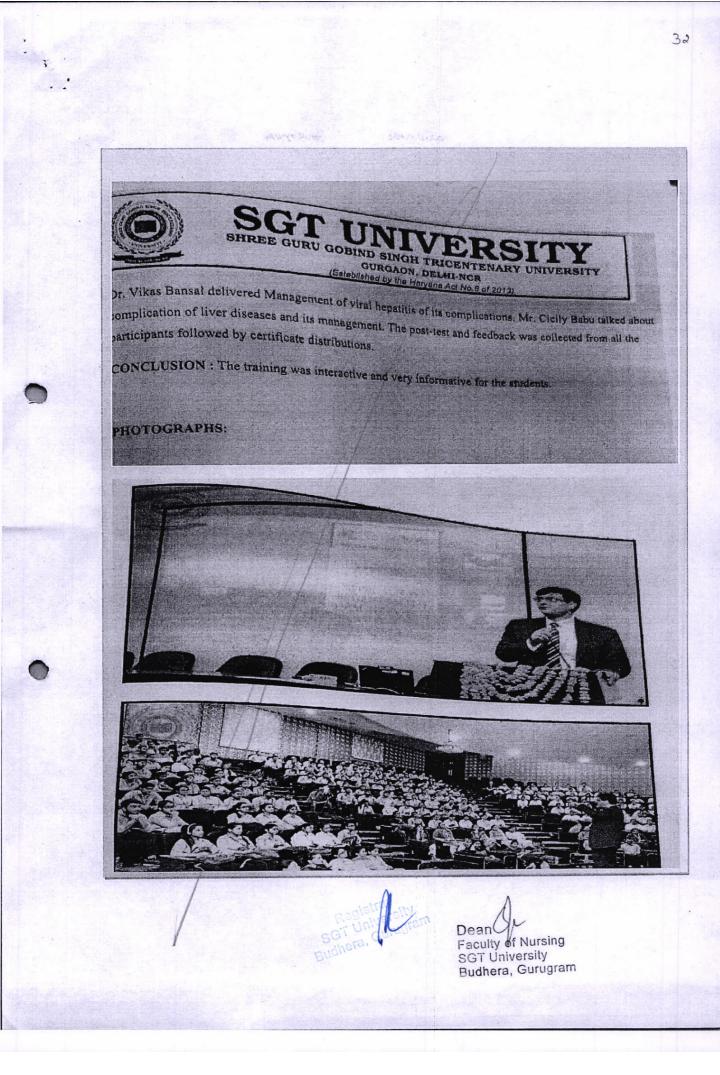
This training was conducted for the faculty of nursing students through telemedicine set-up . Total 277 participants registered for the training. Distinguished guest included Dr. S.K. Musanna, Chief Executive officer SGT University, Prof. Santosh Mehta, Dean FON, Prof. K.V.S. Chaudhary, Additional Dean. FON

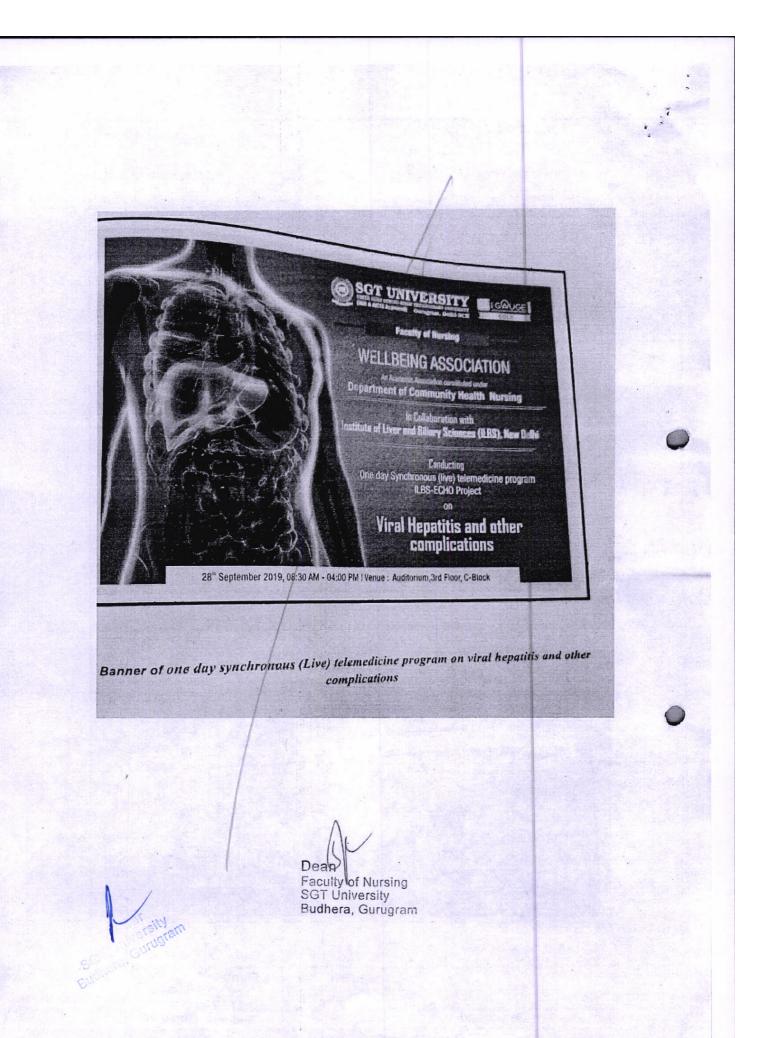
The training started with a petit on knowledge attitude practice on hepatitis . The review survey was conducted by members of ECHO ILBS under PARKASH. Dr. Sapna Chauhan infroduced epidemiology viral hepatitis.Mr. Tarika Sharma delivered lecture on needle stick injury of infection safety.

era.

Dean

Faculty of Nursing SGT University Budhera, Gurugram







ORGANIZERS: Pflege Association organizing the Nukkad Natak on Family planning methods on 30<sup>th</sup> October 2019

**OBJECTIVE OF THE PROGRAMME:** To creating awareness and education regarding updated family planning methods

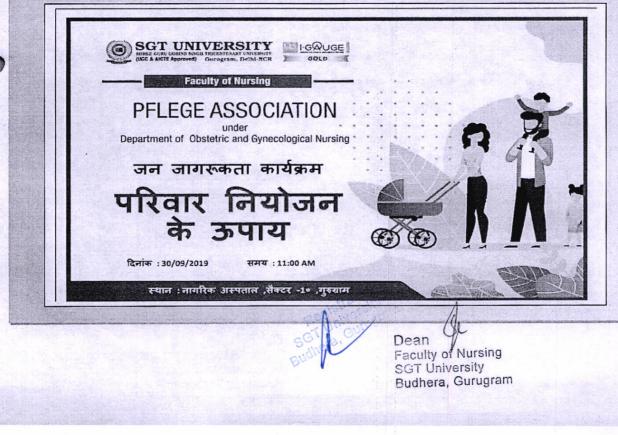
AUDIENCE: Antenatal mothers and postnatal mothers and other staff of civil hospital.

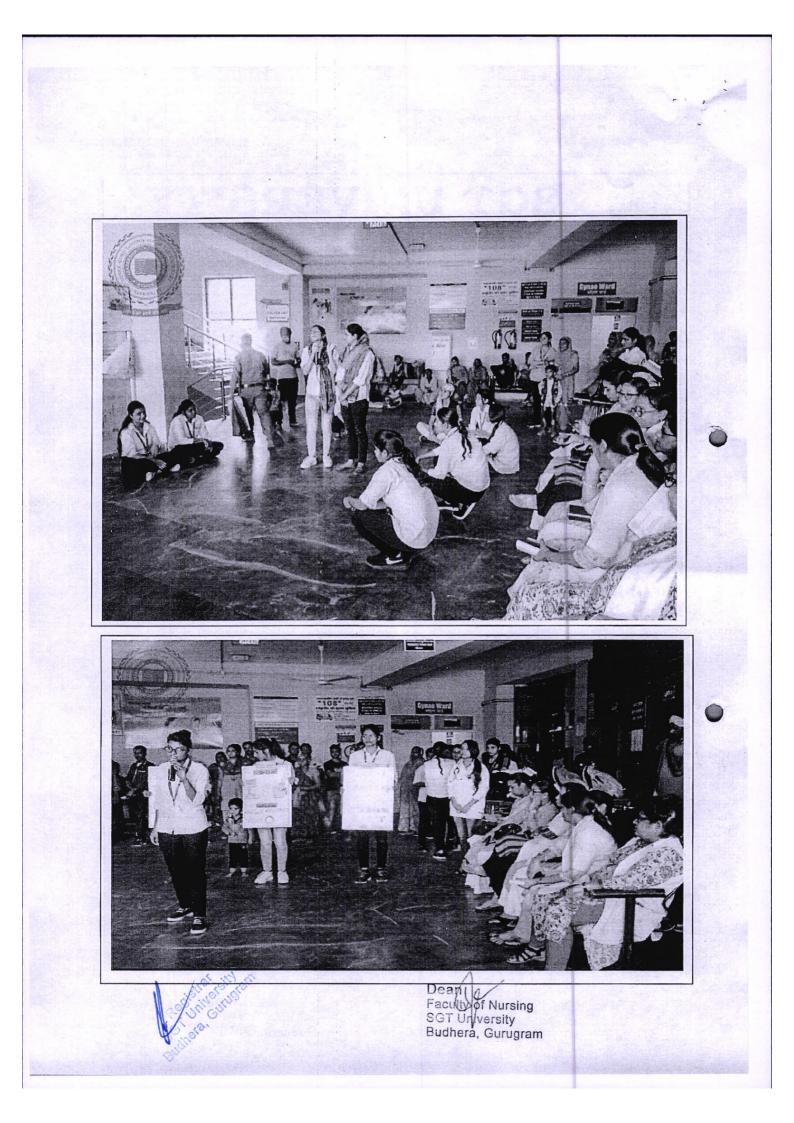
#### BRIEF REPORT OF THE PROGRAMME

Pflege Association, an Academic Association constituted under the Department of Obstetrics and Gynecological Nursing, Faculty of Nursing organized a Public Awareness Programme on September 30, 2019, on family planning with the objective of creating awareness and education regarding new methods of family planning launched by Government of India based on WHO guidelines. The event was inaugurated by Matron, ANS, DNS and other Incharge of Civil Hospital, Gurugram. Gnm 3rd year and 2nd-year students performed a Nukkad Natak on family planning

**CONCLUSION**: In the end of the session students are able to understand about Importance of family planning.

#### **PHOTOGRAPHS:**









ORGANIZERS: Faculty of nursing organized role play on suicide prevention in school.

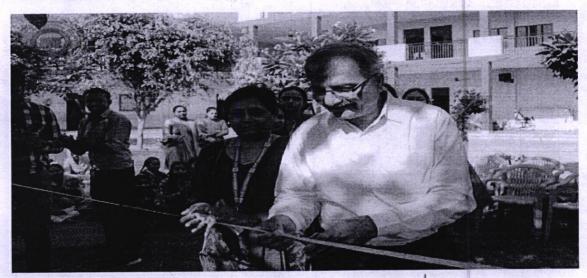
OBJECTIVE OF THE PROGRAMME: To raise awareness about suicide and its prevention in school going children.

AUDIENCE: Faculties, Students from Faculty of nursing and school children and staff.

**BRIEF REPORT OF THE PROGRAMME:** The Nightingale association constituted under the Department of Mental Health Nursing has organized a Role Play on "Suicide Prevention" at Vishva Bharti Public School, Budhera, Gurugram on November 18, 2019. The program was organized by the students of B.Sc. Nursing 5th Semester, B.Sc. Nursing final year and M.Sc. Nursing (Mental Health Nursing) 1 st year; 3 rd Semester students under the guidance of faculty members of the Mental Health Nursing Department. It was attended by more than 102 school students and around 78 parents. It consisted of a role play, health education, and discussion with school students and their parents. Suicide prevention is one of the most important topics to be discussed with the youth of the country since they are the future nation builder. The program summed up with a vote of thanks.

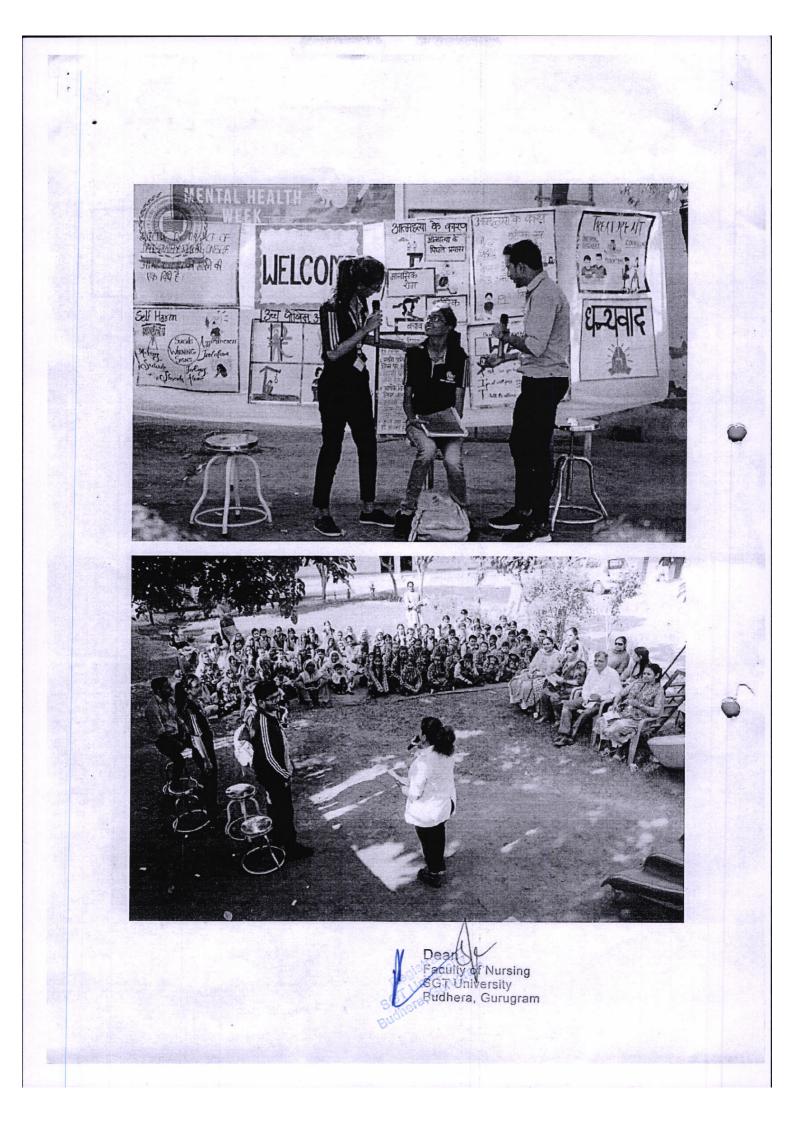
CONCLUSION: At the end of programme students were aware about suicide and its prevention.

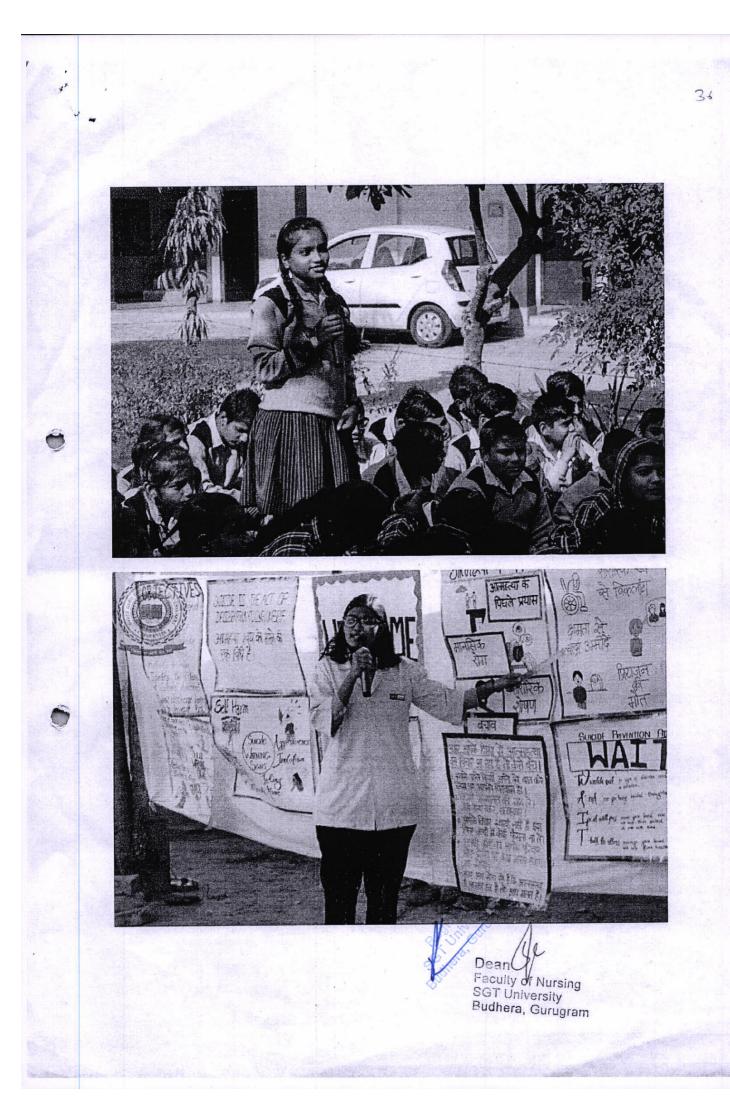
#### **PHOTOGRAPHS:**



Dean Faculty of Nursing SGT University Budhera, Gurugram

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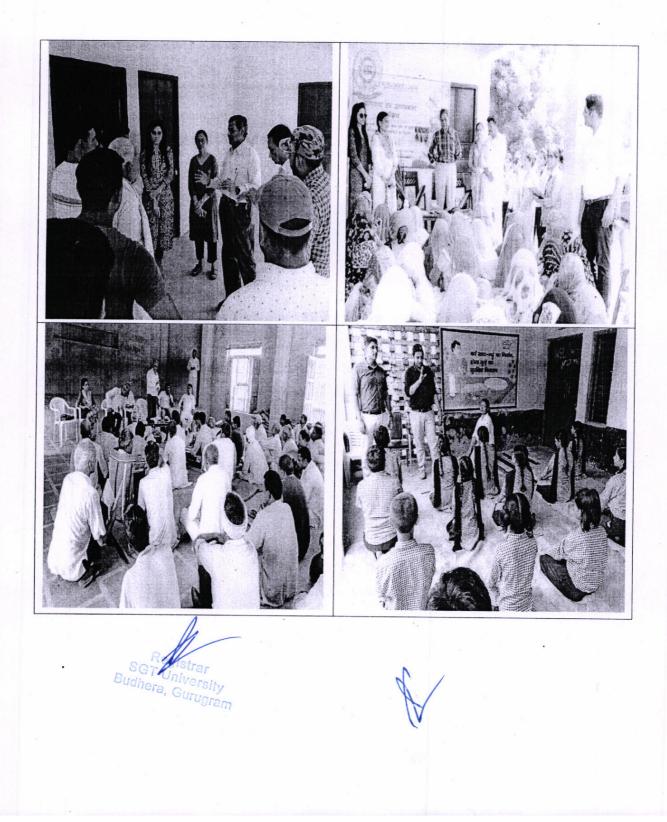
2019-2020

### **COMMUNITY ACTION GROUP**

FEMS

REPORT: VI:

### SGT University, Gurugram



**Community Action** Group has been undertaking activities that increases the understanding, enacting and empowerment of communities in the design and delivery of services. Thus it includes a broad range of activities towards **Changing Community Knowledge** and understanding the 'Social Action' or 'Community Engagement' enabling community in action at large.

Community Action Group (CAG) of SGT University, with the able guidance of Prof. S C Mohapatra covers the arena of Health, economic, social, agricultural, environmental and community learning and often evolves collective action being taken at the grassroots level, to assist all-income individuals especially women, farmers and families to acquire useful skills and knowledge, so as to gain access to new opportunities and to achieve economic selfsufficiency. The major emphasis on women and farmer empowerment. It is the only programme of the University where the members from all the faculties and students such as medical, dental, ayurveda, physiotherapy, nutrition, nursing, and agriculture and environmental science visit the rural area to stimulate the villagers for a healthy and positive life.

SGT University with the help of Community action group is rendering high level voluntary activities such as free health consultation to the patients at their home, chaupal and anganwadi centre by the medical, dental and physiotherapy team. Growth monitoring in under 5 children and importance of healthy diet are being undertaken to support ICDS services. The CAG also provides advocacy on plantation and usage of different types of medicinal plants by the ayurveda team. Educating the farmers about the farming and correct usage of pesticides and manure as well as proper storage of crops are being done by the agricultural Faculties. Motivating the village women aiming women empowerment by making the beautiful decor items by dry flower technology has also been rendered by agriculture team. CAG has Motivated Twenty village women to initiate a food industry through Small Scale domestic Support Group to produce papad, vermicelli, pickles etc by nutrition team. Advocating the women regarding the correct usage of contraceptives and proper maintenance of menstrual hygiene and also included in the training of the school children. Students of four school and their teachers were trained regarding the CPR (cardiopulmonary resuscitation) by the nursing team. This has been highly accepted by the villagers. This would help increasing the life time of people who get heart attack and do not survive since care was not provided to them during the 'golden period' of survival. All these activities have benefitted the villagers in various ways.

#### Activities by Ayurveda Team

Ayurveda Team of CAG along with the students of BAMS 2<sup>nd</sup> year - Bhakti Bansal, Tanvi Arora, Nivedita Arora, Akansha visited Govt. Middle School and Govt. Primary School, Khera Khurrampur . Introduction of medicinal herbs was given to the students of 7<sup>th</sup> and 8<sup>th</sup> standard with their benefits. The student volunteers were chosen for synergy and were trained regarding the medicinal benefits of herbs as well. The students who were selected for Synergy event are as follows

1)Deepanshu (8th standard),

- 2)Saurabh (8th standard),
- 3) Deepak (8th standard),
- 4) Ishwar(7<sup>th</sup> standard)

Sapling / cuttings of Tinospora cordifolia (Guduchi / Giloya) from the SGT university were taken to the school and plantation was done along the school students. After plantation the students were trained about Guduchi – the medicinal herb along with its morphology, part used and its formulations.

Also the sapling of Aloevera from the SGT university were carried to the school and plantation was done along with the school students. After plantation the students were trained about Aloe vera – the medicinal herb along with its morphology, part used and its indications. The sapling of Ocimum sanctum (Tulsi) from the SGT university were carried to the school and plantation was done along with the school students. After plantation the students were trained about tulsi – the medicinal herb along with its morphology, part used and its preparation. The sapling of Catharanthus roseus (vinca rosea) from the SGT university were carried to the school and plantation was done along blantation was done with the school students. After plantation the sudents were trained about tulsi – the medicinal herb along with its morphology, part used and its preparation. The sapling of Catharanthus roseus (vinca rosea) from the SGT university were carried to the school and plantation was done with the school students. After plantation the students were trained about vinca rosea – the medicinal herb along with its morphology, part used and its preparation.





#### Tree plantation by Ayurveda team





Faculty of Ayurveda also conducted two yoga camps in Primary and Middle Government School of village Khurrampur. Students were made aware about Role of yoga in day to day life and how one can opt it as daily routine activity.

Following yogic techniques were thought to the students -

 Asana – Sukhasana Padmasana Vajrasana Pavanmuktasana Bhujangasana Tadasana

 Pranayama – Anuloma Viloma Bhramari
 Faculty involved – Dr Yagyik Mishra (Assistant Professor)
 Students involved – Rupal, Mehak, Jyoti, Sonam
 In coming future we have plans of conducting Yoga classes in all schools of Khera

Khurrampur and train all the students and develop Video module of yoga for school going children.



Yoga training







#### Jal Shakti Abhiyan in villages

Date of activity- August 26, 2019

The venue of the activity- Adampur Dhadi, Rambass, Dagroli

Number of Farmers-150

Faculty participated-1

Collaborating partner- Dept. of Agriculture & Farmers Welfare, Haryana and Gram Panchayats of villages Adampur Dhadi, Rambass, Dagroli

Faculty of Agriculture Sciences) (2019-2020)

A Block level Camp on JAL SHAKTI ABHIYAAN was organized at Village Adampur Dhadi, Dagroli and Rambass, District Charkhi Dadri on August 26, 2019. Dr Mohinder Singh, Assistant Professor, (FASC) member of Community Action Group on the behalf of SGT University participated in the camps. He highlighted the past and present availability status of water in India. He focused on the increased number of bore-wells, wells, faulty methods of irrigation and blind extraction of groundwater for irrigation. He also made aware the group about worst situation that India has witnessed with drastic increase in water demand for all uses: agricultural, industrial, and domestic, irrigation accounts for 90% of India's freshwater withdrawals. India's annual agricultural ground water withdrawal is the highest in the world followed by China and the United States. Therefore, very serious efforts towards water management in the country should focus on the management of irrigation. He also suggested the different water management practices like change in cropping pattern, crop diversification, water harvesting and afforestation. The group of farmers enthusiastically participated in awareness program. Total 200 farmers participated in this camp.



#### Community service at ITBP Headquarter, New Delhi

Number of participants- 10 Defense Person Faculty participated- 1 Collaborating partner- Assistant Commandant, ITBP

In the campus of ITBP, Tigri Border, Dr Mohinder Singh on the behalf of Community action group and the FASC provide the required technical assistance for layout and designing of

irrigation system for plantation at BSF Headquarters', New Delhi. Different types of irrigation systems like minisprinklers, micro sprinklers, foggers, dripper, inline drip and popup's are installed according to the requirement of different crops.

#### Advisory to the farmers

Venue of activity- Badrai and Rambass Date of activity: 26.10.2019

No. of Farmers- 65

Collaborating partner- Gram Panchyat Badrai and Dept. of Agriculture & Farmers Welfare, Haryana

Cotton is an important fiber and cash crop which plays a dominant role in the industrial and agricultural economy of India. India being the second largest producer of cotton in the world is also one of the preferred sourcing sites for various international textile brands and retailers. Cotton alone uses more than half the chemical pesticides used in the entire agricultural production in India. Rising demand compels cotton growers to adopt unsustainable methods which may pose serious challenges to the environment through the excessive use of inputs like water, fertilizers and pesticides. Dr Mohinder Singh also discussed the environment footprint associated with cotton production and the water availability risk assessment for future cotton production. The department of agriculture spread knowledge on integrated insect, pest management.

The possible solution of sustainable fodder and straw yield with light irrigation by sprinkler system for irrigated farmers or irrigation as life saving. Adoption of improved package of practices, crop insurances against natural calamities, availability of quality seed *etc.* enhance the production of pearl millet without much addition in cost of cultivation was discussed. The developmental effort should be made through popularizing the newly released varieties among the farmers so they replace the low yielding local varieties. Valuable conversation on the role of none or low monetary inputs such as line sowing, optimum row spacing, depth of seeding, optimum plant population per unit area, timely cultural practices for higher productivity should be enhanced the productivity.

#### Awareness Program:

Date : 03-02-2020 Venue: Village Nawa Number of Farmers- 40 Faculty participated- 1 Students Participated 12 Collaborating partner- Gram Panchyat, Yuva club and Haryana Agriculture Department

जीन्द, गुरूवार ५ मार्च, २०२० www.jagatkranti.in



जगत कान्ति भिवामी (ब्यूरो)

गांव नवा में एसजीटी विश्वविद्यालय व आर्य स्त्रजीटी विश्वविद्यालय व आर्य स्त्रूल राजगढ़ के सहयोग से किसान जागरूकता अभियान का आयोजन किया गया। कृषि सालक प्रशिक्षार्थियों ने किसानों को विभिन्न प्रकार के सुरक्षम जैविक खादों से उपचार के तरिके बताए। उन्होंने मुदा स्वास्थ्य कार्ड बनवाने के लिए किसानों से अनुरोध करते छुए कहा कि जब तक आपको अपने खेत के स्वास्थ्य का ज्ञान नहीं होगा तब तक आप अपने प्राकृतिक तक आप जापा न ग्राधन से पूर्ण लाभ नहीं कते। उन्होंने रबि फसलों में नी किस्में तब बिमारियों के **में** 3

विस्तार पूर्वक सिंह ने कृषि प्रकार की ये च्च च्ची प्रकार योजनाओं अगैरगैनि

प्रकार की योजनाओं के बारे बताया तथा फसलों में औररीनि खादों के महत्त्व पर अपनी जानव साम्ना की। उन्होंने कम लागत कर आया पूराना करने के लिए विभिन्न पछलु पर बिचार-विमर्श किया। इ अबसर पर बारह कृषि जावने कुषि विषय संबंधित हर पहलुओं बच्चा की। इस आयोजन में स्मर जोगेन्द्र सिंह व ,अन्य ग्रामीणों एसजीटी विश्वविद्यालय व अ रक्कुल का आभार जताया त भविष्य में भी ऐसे कार्यक्रमों कर का आग्रह किया। पर आर्थ

#### **Kisan Gosthi**

Venue: Village Rampura Date : 04-02-2020 Number of Farmers- 38 Faculty participated-1 Students Participated 15 Collaborating partner- Gram Panchyat, Yuva club and Haryana Agriculture Department









#### Kisan Gosthi

(i)

Date: 28-02-2020 Venue: KVK Bhiwani Number of Farmers- 02 Faculty participated- 1 KVK Scientist- 4 Students Participated 12 Collaborating partner- KVK and Haryana Agriculture Department



(ii) Date: 28-02-2020
 Venue: Village Gopalwas
 Number of Farmers- 34
 Faculty participated- 1
 Students Participated 12
 Collaborating partner- Gram Panchyat and Haryana Agriculture Department







SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved University) GURGAON, Delhi-NCR

Name of the Faculty: **Faculty of Science** Name of the Event: Cyber Security (Awareness of ATM frauds) Type of event: **COMMUNITY SERVICE** Date: 03<sup>rd</sup> March 2020 Time: 10:300 a.m.

Venue: Farukhnagar Haryana

#### **Organizers:**

Community Service Committee of Faculty of Science

#### **Objective:**

To create awareness regarding Cyber Security.

#### About the Speaker/Guest:

Students and the Faculties of Faculty of Science.

#### Brief Report:

Engaging in community service provides students with the opportunity to become active community leaders and has a lifelong, positive impact on society as a whole. Such type of participation in social cause enables students to acquire life skills and knowledge, as well as provide support to those who need it most. For the very same purpose, graduate and postgraduate students of forensic science, along with Community service members, Faculty of Science, SGT University, Gurugram organized an awareness program on Cyber Security particularly emphasizing on ATM/Debit/Credit Card on 3<sup>rd</sup> March 2020 at Hari Mandir, Farrukhnagar. The students gave awareness on the same and provided solution to interacted with villagers. They

The Participants involved were:

- Community Service Committee Members: Dr Archana Chaudhary, Dr Simranjeet Singh
- 2. Students: M.Sc-EVS (Final year) students : Nancy and Annu

explained through posters how to avoid frauds related to Debit/Credit cards and told them about precautionary measures during money withdrawal from ATM. During interaction some villagers also shared their experience of such frauds. Dr Vineeta Saini from the Department of Forensic Science & Dr Archana Chaudhary from Department of Environmental Science guided students for this awareness programme. The students also discuss the issues and problems faced by villagers so that they may work on problems by providing solutions and effective measures.

The Participants involved were:

- Community Service Committee Members: Dr Archana Chaudhary, Dr Vineeta Saini
- 2. Students: B.Sc & M.Sc-(Forensic Science) students



Picture1: Students explaining about Debit/Credit Cards



Picture2: Students along with faculty members at Hari Mandir, Farrukhnagar

Budhera,

FLAM



## VERSI SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC & AICTE Approved) Gurugram, Delhi-NCR

(UGC & AICTE Approved)

## **Tree Plantation Drive (Faculty of Commerce and Management)**





(UGC & AICTE Approved) Gurugram, Delhi-NCR

1. Title of the Activity:

Tree Plantation Drive

- <u>Date</u>: 5<sup>th</sup> August, 2019
- 3. <u>Location of the Activity:</u> Mankrola Village
- 4. <u>Organizing Faculty/Department/Association :</u> Faculty of Commerce and Management
- <u>Participating Team Members with Designation:</u> Dr. Yogesh Kataria, Associate Professor, FCAM Ms. Nandini Sinha, Assistant Professor, FCAM

#### 6. Objective of the Activity:

The objective of the activity is to aware the students regarding the importance of nature and to retain its beauty by plantation.

#### 7. Brief Write-up on the event(s) explaining activities undertaken

SGT University organized a Tree plantation drive in mankrola village on 5<sup>th</sup> august in which 103 students of BBA(G), BBA(HA) and BBA(A) of the FCM Department participated. This campaign was initiated to improve the quality of the natural environment. Mr. kothari, Mr. Sanjay, Dr. Kataria, and Ms. Nandini also helped the students in planting saplings. Students were really enthusiastic about the "Tree Plantation Drive". Group of enthusiastic SGTian's planted more than 100 saplings such as cassia, papri, shahtoot, Jamun, etc. The drive was a huge success empowering students with substantial knowledge of environment and plants and simultaneously enhancing their social skills.

#### 8. Number & Description of Beneficiaries:

103 students of BBA(G), BBA(HA) and BBA(A) of the FCM Department

9. Relevant Photographs



SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC & AICTE Approved) Gurugram, Delhi-NCR









## **GT UNIVERS** SI SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC & AICTE Approved) Gurugram, Delhi-NCR







(UGC & AICTE Approved) Gurugram, Delhi-NCR

Promotion of Handmade Products (Faculty of Commerce and Management)

1. Title of the Activity:



(UGC & AICTE Approved) Gurugram, Delhi-NCR

Promotion Of Handmade Products

2. <u>Date</u>:

1<sup>st</sup> October 2019

- 3. <u>Location of the Activity:</u> Khera Village
- 4. <u>Organizing Faculty/Department/Association :</u> Faculty of Commerce and Management
- <u>Participating Team Members with Designation:</u>
   Faculty members from Faculty of Commerce and Management

#### 6. Objective of the Activity:

To create awareness among community regarding handmade products to generate job opportunities and promotion for small industries.

#### 7. Brief Write-up on the event(s) explaining activities undertaken

SGT students from Faculty of commerce and management along with other faculties of nutrition and deities went to visit village "Khera"to interact with people and to help them selling their products in better way. The villagers make various products like hand made vermicelli, pickle and snacks. They make these very often and have mastered the art of making these products. Students observed them making these products and took a interview to understand the process better to help them market their product and commercialize them. As this will help in revenue generation and hence development of villages.

### 8. <u>Number & Description of Beneficiaries:</u>

50 household females from Khera Village

9. <u>Relevant Photographs</u>

17



(UGC & AICTE Approved) Gurugram, Delhi-NCR



FAHS (2019-2020)



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved) Gurugram, Delhi-NCR Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Title of the activity-

Date of Activity-

Venue of the Activity-

Number of students/faculty participated-Collaborating partnerOne day training on preparation of value added vermicelli 20/09/2019

Village Kheda - Khurumpur, Farukhnagar

2 faculty members and 5 students

Village Panchayat

#### Description of the event -

A one day training programme on vermicelli preparation was organized by the department of Nutrition and Dietetics, Faculty of Allied Health Science, SGT University at village Khera Khurrampur, Gurugram, Haryana on 20 September 2019. Total 7 women participated in the programme. Dr. Vatsala Saharan, Assistant professor, Faculty of Allied Health Science along with Dr. Bhatt and five student of Nutrition & Dietetics demonstrated the procedure of making value added vermicelli in detail, explained the potential benefits of value addition.

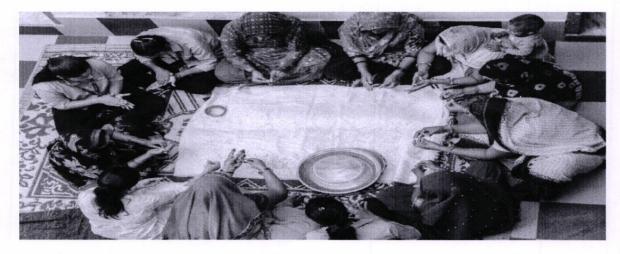


Fig. 9: Demonstrating the process of vermicelli making to women group





SGT UNIVERSITY SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved) Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) - 122505 Ph.: 0124-2278183, 2278184, 2278185



Fig.10: Prepared value added refined wheat flour Vermicelli by women group

Title of the activity-Date of Activity-Venue of the Activity-Number of students/faculty participated-Collaborating partnerOne day training on processing of stuff chilly pickle 27/09/2019 Village Kheda –Khurumpur,Farukhnagar 2 faculty members and 5 students

Village Panchayat

Description of the event -

One day training programme on Stuff Chilly Pickle making was organized by the department of Nutrition and Dietetics, Faculty of Allied Health Science, SGT University at village Khera Khurrampur, Gurugram, Haryana on 27 September 2019. Total 6 women participated in the programme. Dr. Vatsala Saharan, Assistant professor, Faculty of Allied Health Science along with Dr. G. B. Bhatt and five students of Nutrition & Dietetics demonstrated the pickle preparation procedures in detail. Stuff Chilly Pickle is demand in nearby markets and by this they can earn their livelihood.

12





Fig.11: Practical learning of the students in Stuff Chilly Pickle preparation



Fig.12: Demonstrating the procedures of Stuff Chilly Pickle making

13

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## SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved) Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) - 122505 Ph.: 0124-2278183, 2278184, 2278185



Fig.13: Prepared Stuff Chilly Pickle by women group

14



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Title of the activity-

Date of Activity-

Venue of the Activity-

Number of students/faculty participated-Collaborating partnerOne day training on preparation of Oragnic Ragi based Matheri

04/10/2019

Village Kheda - Khurumpur, Farukhnagar

2 faculty members and 5 students

Village Panchayat

Description of the event -

One day training programme on Oragnic Ragi based Matheri was organized by the department of Nutrition and Dietetics, Faculty of Allied Health Science, SGT University at village Khera Khurrampur, Gurugram, Haryana on 04 October 2019. Total 6 women participated in the programme. Dr. Vatsala Saharan, Assistant professor, Faculty of Allied Health Science along with Dr. G.B Bhatt and five students of Nutrition & Dietetics demonstrated the procedure of making value added Ragi based Mathri.



Fig.14: Demonstrating the procedures of organic Ragi Mathri preparation

15



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Title of the activity-

Date of Activity-Venue of the Activity-Number of students/faculty participated-Collaborating partner-

Exhibition cum sales of various food Products developed by women entrepreneurer in Techno-Fest: 2019 at SGT University 10<sup>th</sup> to 12<sup>th</sup> October 2019

Synergy-III (2019) SGT University

7 NA

#### Description of the event -

Under Community Action Group Dr. G.B Bhatt and Dr. Vatsala Saharan from Nutrition department formulated a women group with 6 women from the village Khera khurampur. These women were found very much interested in entrepreneurship for earning their livelihood / pocket expenses and also in development of a Cooperative food industry of women. They were demonstrated the manufacturing procedure of many food items like bharwan mirch pickle, potato chips, wheat and refined flour sewaian (vermicelli) to be sold at an affordable cost.

The rural women are not so aware as how to handle all the legal and other formalities involving in loan taking and establishing an Industrial Unit. They also lack confidence in their ability to run the entrepreneurship. They needed capacity building and training in functional areas such as finance, literacy skills, marketing, production and managerial skills. Every year SGT University conducts synergy fest at national level. It will be a boon for all and especially for village women who are very much in enthusiasm for empowerment.

Women have started preparing various food items as mentioned above at a higher level not only for synergy event but also for marketing and sales purpose. So far all the packets of 250 grams of Pickles, Mathii Potato chips and, Matter prepared by the village women have been sold with the support of CAG group. This has created positive group impact on other women not involved earlier in the cooperative action. Thus Community Convergence for Action has been initiated.



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Fig. 15: SGT University officials exploring various food products developed by the women group in Techno- Fest 2019



Fig.16: Exhibition cum sales of various food Products developed by women entrepreneurer in Techno-Fest: 2019 at SGT University

17

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**Community Achievement** 

The Community Action Group has been extending services to the village Kheda Khurampur and Kheda village on the arena of Agriculture, Health Nursing, Nutrition, Physiotherapy and Dental science selflessly for about last 12months. The villagers have been pleased with the group. Thus the Pnchayat of Kheda Khurampur has provided the SGT University a room as gratis for implementation of the team work on the day of our visit, on NO RENTAL basis. The CAG group is deeply indebted to the help of the villagers. The letter from the village Sarpanch is given below.

प्रमाणित किया जाता है, कि एस0जी0टी0 यूनिवर्सिटी की दो टीमें, जिसमें मेडिकल, डेन्टल, नर्सिंग, आयुर्वेदा, फिजियोथिरेपी, न्यूट्रिशन, कृषि विभाग, वातावरण एवं व्यवहारिक बिमारियों से संम्बन्धित विषेशज्ञ शामिल हैं, प्रत्येक सोमवार व शुक्रवार को गाँव खेड़ा खुर्मम का दौरा करती हैं तथा यहाँ के लोगों कों उपरोक्त विभागों तथा अन्य विभागों से संम्बन्धित परेशानियों को दूर करने में मुफ्त सेवाऐं एवं परामर्श प्रदान करती हैं। इससे गाँव के लोगों का जीवन स्तर सुधारने में मदद मिलती हैं। हम समी गाँववासी एस0जी0टी0 यूनिवर्सिटी की सेवाओं से काफी प्रभावित हैं।

> प्रमाणितकर्ता ८००० म्ट्रेस् सरपंच, गाँव खेडा

दिनाँकः 2/1/219

#### HEALTH CAMP

#### **OUT REACH AWARENESS DRIVES**

SGT UNIVERSITY conducted heath camp in various schools and communities. The optometry team took initiative under the guidance of Dr. VINAY KUMAR GOVILA (dean FAHS) and Dr. P.SHINGHAL (PROF. & HEAD OPHTHALMOLOGY). The teams were headed by optometry faculty along with interns. It included torchlight examination, visual acuity, retinoscopy, colour vision testing and few supplementary tests like extraocular motility, near point of convergence and cover test. The purpose of screening was to evaluate the status of eye health in communities and especially in growing children. It helped to enumerate causes for decrease in vision among various age groups. It created awareness among the children and make them understand the importance of vision and visual health. The students who required vision related treatment were referred to department of ophthalmology, SGT Medical college, Hospital & Research Institute BUDHERA, GURUGRAM (HARYANA) for further treatment and investigations.

Following sheets include details of various camps:

1. Date: 20 November 2019

Venue: DRA Sr. Sec. Public School, Majri, Bahadurgarh, Haryana

Team Led By: Mr. Surender Bondwal

Team Members: Ms. Shikha, Ms. Gazal and Mr. Gaurav

Total number of students examined: 877

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
684	193	Refractive errors	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

2. Date: 23 November 2019

Venue: Indraprasth Sr. Sec. School, Dwarka Sec-22, New Delhi

Team Led By: Mr. Surender Bondwal

Team Members: Ms. Aashrita, Ms. Suruchi, and Ms. Priti

Total number of students examined: 323 (Male= 174, Female= 149)

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
1=126 3=148 4=49	265	58	• Refractive errors	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

#### 3. Date: 26 November 2019

Venue: Sevti Devi Memorial Sr. Sec. Vidhya Mandir, Opposite Dashrathpuri metro station, Mahavir Enclave, Dwarka, New Delhi-110045

Team Led By: Mr. Surender Bondwal

Team Members: Ms. Shikha, Ms. Gazal, Ms. Priti and Mr. Gaurav

Total number of students examined: 240

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
UKG =18 1=15 2=18 3=16 4=18 5=20 6=15 7=15 8=14 9=15 10=16 11=30 12=28	172	66	<ul> <li>Refractive errors</li> <li>amblyopia</li> <li>squint</li> <li>3onjunctivitis</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

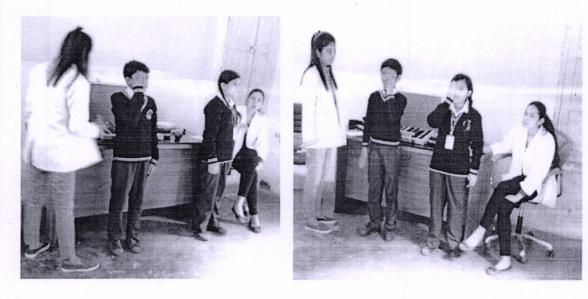




Fig.1. Vision Screening in Sevti Devi Memorial Sr. Sec. Vidhya Mandir

#### 4. Date: 27 November 2019

Venue: Citizen Model School, Budh Vihar, Phase II, Rithala Metro Station, New Delhi- 110086

Team Led By: Ms. Nikita Sethi

Team Members: Ms. Aashrita, Ms. Suruchi, and Ms. Priti

Total number of students examined: 333 (Male= 206, Female= 127)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
281	52	<ul><li>Refractive errors</li><li>Squint</li></ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

5. Date: 28 November 2019 – 29 November 2019

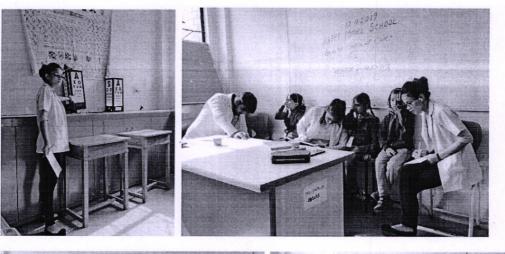
Venue: Happy Model School, BB Block, Janakpuri, New Delhi- 110058

Team Led By: Mr. Surender Bondwal & Ms. Nikita Sethi

Team Members: Ms. Aashrita, Ms. Suruchi, Ms. Priti and Mr. Vivek

Total number of students examined: 493 (Male= 278, Female= 215)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
315	178	<ul> <li>Refractive errors</li> <li>Defective Color Vision</li> <li>Squint</li> <li>Cataract</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.





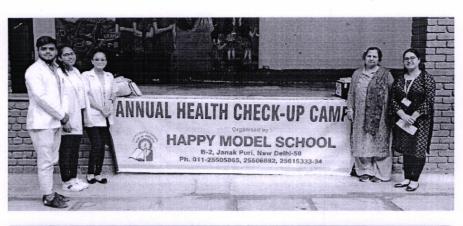




Fig.2. Vision Screening in Happy Model School

**6. Date:** 28 November 2019

Venue: S.R Sr. Sec. School, Jhajjar

Team Led By: Mr. Surender Bondwal

Team Members: Ms. Aashrita, Ms. Suruchi, and Ms. Purnima

Total number of	students examined:	368 (Male= 2	214, Female= 154)
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How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
341	27	<ul> <li>Refractive errors</li> <li>Squint</li> <li>Corneal Opacity</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

7. Date: 30 November 2019

Venue: Surya Model School, New Delhi

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#### Team Led By: Ms. Nikita Sethi

Team Members: Ms. Suruchi, Ms. Priti and Mr. Vivek

Total nu	mber of stu	dents examined:	344 (Mal	e= 175, Fema	le = 169)
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How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
180	164	<ul> <li>Refractive errors</li> <li>Squint</li> <li>Allergic Conjunctivitis</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

#### 8. Date: 30 November 2019

Venue: Brook Hill Public School, Gurgaon, Haryana

Team Led By: Mr. Surender Bondwal

Team Members: Ms. Aashrita, Ms. Suruchi, and Ms. Purnima

Total number of students examined: 16 (Male= 2, Female= 14)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
6	10	Refractive errors	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

9. Date: 2 December 2019

Venue: Keshav Vidya Vihar Sr. Sec. School, Pataudi, Haryana SGT Ungul

#### Team Led By: Ms. Nikita Sethi

Team Members: Ms. Purnima, Ms. Priti, and Ms. Suruchi

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
LKG = 46 UKG =44 1=50 2=37 3=26 4=29 5=30 6=35 7=42 8=21 9=31 10=25 11=15	396	50	<ul> <li>Refractive errors</li> <li>Ptosis</li> <li>Squint</li> <li>Corneal opacity</li> <li>Blepharitis</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

Total number of students examined: 446 (Male=266, Female= 180)

10. Date: 2 December 2019, 4 December 2019 and 7 December 2019

Venue: Suraj School Kosli, Haryana

Team Led By: Ms. Nikita Sethi and Mr. Surender Bondwal

Team Members: Ms. Shikha, Ms. Gazal, and Mr. Gaurav

Total number of students examined: 1501 (Male=919, Female= 582)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
1302	199	<ul> <li>Refractive errors</li> <li>Cataract</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

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Fig.3. Vision screening in Suraj School

11. Date: 5 December 2019

Venue: Rishi Public School, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Aashrita, Ms. Priti, and Ms. Suruchi

Total number of students examined: 778 (Male=485, Female= 293)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
625	153	<ul> <li>Refractive errors</li> <li>Squint</li> <li>VKC</li> <li>Coloboma</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

12. Date: 7 December 2019, 9 December 2019 and 11 December 2019

Venue: SD Memorial School, Old Gurgaon, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Suruchi, Ms. Aashrita, and Ms. Purnima

Total number of students examined: 1747 (Male= 1081, Female= 666)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
1199	548	<ul><li>Refractive errors</li><li>Ptosis</li></ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of
	5 8			their problems.

13. Date: 9 December 2019

Venue: Heritage School of Learning, Jhajjar, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Aashrita, Ms. Priti, and Ms. Suruchi

Total number of students examined: 141 (Male=83, Female= 58)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
85	56	<ul> <li>Refractive errors</li> <li>Cataract</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

14. Date: 13 December 2019

Venue: AVR Public School, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Purnima, Ms. Priti, and Ms. Suruchi

Total number of students examined: 828 (Male=482, Female= 346)

How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
588	240	Refractive errors	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.



Fig.4. Vision screening in AVR Public School

**15. Date:** 16 December 2019

Venue: Akash Public School, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Aashrita, Ms. Priti, and Ms. Suruchi

**Total number of students examined:** 470 (Male=265, Female= 205)

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
$ \begin{array}{r} 1=57\\ 2=51\\ 3=54\\ 4=63\\ 5=62\\ 6=63\\ 7=60\\ 8=60\\ \end{array} $	314	156	<ul> <li>Refractive errors</li> <li>Ptosis</li> <li>Squint</li> <li>Corneal opacity</li> <li>Blepharitis</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

#### 16. Date: 16 December 2019

Venue: Xion International Convent, Gurgaon, Haryana

Team Led By: Ms. Nikita Sethi

Team Members: Ms. Gazal, Ms. Shikha, and Mr. Gaurav

	164  (Male=256, Female= 208)	464 (Male=256,	nts examined:	of students	<b>Total number</b>
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Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
Nursery=37 LKG = 27 UKG = 24 1=53 2=30 3=54 4=40 5=33 6=42 7=31 8=27 9=32 11=34	263	201	<ul> <li>Refractive errors</li> <li>High NPC</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.



Fig.5. Vision screening in Xion International Convent

17. Date: 18 December 2019

Venue: Little Angels Sr. Sec. School, Jhajjar, Haryana

Team Led By: Ms. Nikita Sethi

Team Members: Ms. Shikha, Ms. Gazal, and Mr. Gaurav

Total number of students examined: 447 (Male=262, Female= 185)

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
Pre Nursery=20 Nursery=22 KG = 37 1=40 2=36 3=45 4=54 5=41 6=61 7=41 8=50	378	69	<ul> <li>Refractive errors</li> <li>Squint</li> <li>Stye</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

Budhera, Gurugram



Fig.6. Vision screening in Little Angels Sr. Sec. School

**18. Date:** 19 December 2019

Venue: Roseland Public Sr. Sec. School, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Priti, Ms. Aashrita and Ms. Suruchi

**Total number of students examined:** 376 (Male=244, Female= 132)

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Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
LKG = 28 UKG =38 1=38 2=39 3=29 4=29 5=35 6=24 7=17 8=12 9=19 10=21 11=16	348	28	<ul> <li>Refractive errors</li> <li>Ptosis</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.



Fig.7. Vision screening in Roseland Public Sr. Sec. School



Fig.8. SGT team in Roseland Public Sr. Sec. School

Budhera, Gurugram

**19. Date:** 20 December 2019 – 21 December 2019

Venue: Sheetla Vidyapeeth School, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Shikha. Ms. Gazal and Mr. Gaurav

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
Nursery=12 LKG = 22 UKG =35 1=46 2=69 3=85 4=56 5=64 6=95 7=69 8=40 9=61 10=13 11=43 12=9	557	162	<ul> <li>Refractive errors</li> <li>Blepharitis</li> <li>Stye</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

Total number of students examined: 719 (Male=415, Female= 304)

**20. Date:** 27 December 2019 – 28 December 2019

Venue: M.R. Sr. Sec. School, Haryana

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Purnima, Ms. Priti, and Ms. Suruchi

Total number of students examined: 722 (Male=439, Female= 283)

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Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
PreNursery=11 Nursery=9 KG = 61 1=58 2=50 3=46 4=45 5=65 6=52 7=68 8=61 9=56 10=61 11=29 12=50	583	139	<ul> <li>Refractive errors</li> <li>Blepharitis</li> <li>Stye</li> <li>Pseudophakia</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.



Fig.9. Vision screening in M.R. Sr. Sec. School hary 2020

21. Date: 11 February 2020

Venue: Saraswati International School, Gurugram, Haryana

Team Led By: Mr. Surender Bondwal

Team Members: Mr. Vivek, Ms. Stuti, Mr. Tushar and Mr. Dipansh

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
418	346	72	<ul> <li>Refractive errors</li> <li>Amblyopia</li> <li>Squint</li> <li>Conjunctivitis</li> <li>Blepharitis</li> </ul>	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

#### Total number of students examined: 418

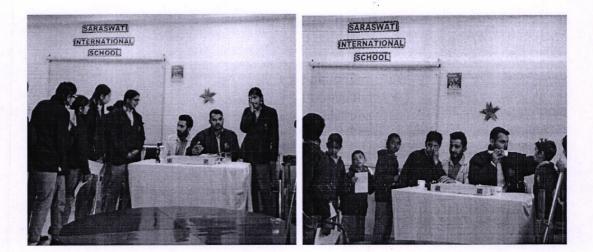




Fig.10. Vision Screening in Saraswati International School

22. Date: 15 February 2020

Venue: Scholars Global School, 7 km Stone Jhajhar Road, Bahadurgarh, Haryana.

Team Led By: Mr. Surender Bondwal

Team Members: Mr. Dipansh, Ms. Preeti, Mr. Tushar and Ms. Jyoti

Total number of students examined: 92

Patients examined	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
Students= 45 Parents= 47	66	26	<ul> <li>Refractive errors</li> <li>Amblyopia</li> <li>Conjunctivitis</li> <li>Blepharitis</li> </ul>	Refractive errors	Patients were advised to get appropriate treatments done according to severity of their problems.

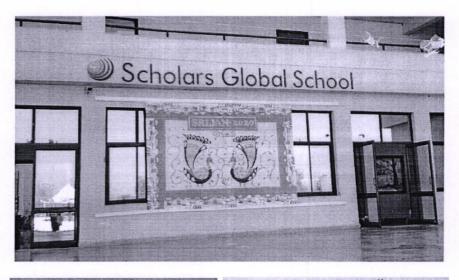




Fig.11. Vision Screening in Scholars Global School

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#### 23. Date: 27 February 2020

Venue: Genius Convent Sr. Sec. School

Team Led By: Ms. Surakshya Rajaure

Team Members: Ms. Shikha, Ms. Gazal, Mr. Tushar and Mr. Dipansh

Total number of students examined: 448 (Male=248, Female= 200)

Students examined class wise	How many were found normal	How many had eye problems	Eye problems observed	Most common eye problem	Advice given
Nursery=20 UKG= 35 1= 6 2= 44 3= 45 4= 32 5= 39 6= 28 7= 36 8= 46 9= 30 11= 26	403	45	Refractive errors	Refractive errors	Children were advised to get appropriate treatments done according to severity of their problems.

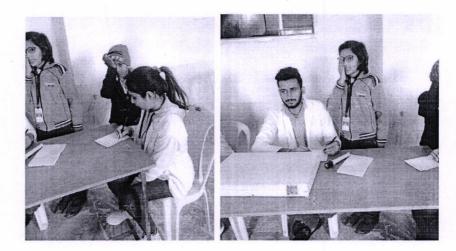




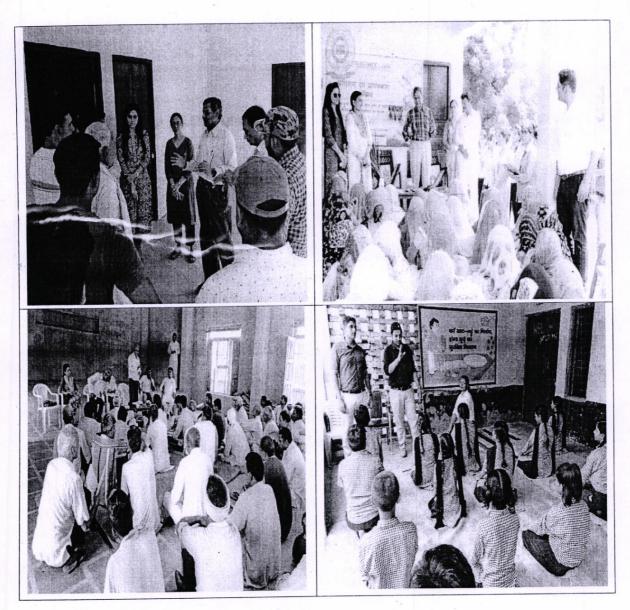


Fig.12. Vision Screening in Genius Convent Sr. Sec. School

# (2019-2020) COMMUNITY ACTION GROUP PMHS

**REPORT: VI:** 

## SGT University, Gurugram



**Community Action** Group has been undertaking activities that increases the understanding, enacting and empowerment of communities in the design and delivery of services. Thus it includes a broad range of activities towards **Changing Community Knowledge** and understanding the **'Social Action'** or **'Community Engagement'** enabling community in action at large.

Community Action Group (CAG) of SGT University, with the able guidance of Prof. S C Mohapatra covers the arena of Health, economic, social, agricultural, environmental and community learning and often evolves collective action being taken at the grassroots level, to assist all-income individuals especially women, farmers and families to acquire useful skills and knowledge, so as to gain access to new opportunities and to achieve economic selfsufficiency. The major emphasis on women and farmer empowerment. It is the only programme of the University where the members from all the faculties and students such as medical, dental, ayurveda, physiotherapy, nutrition, nursing, and agriculture and environmental science visit the rural area to stimulate the villagers for a healthy and positive life.

SGT University with the help of Community action group is rendering high level voluntary activities such as free health consultation to the patients at their home, chaupal and anganwadi centre by the medical, dental and physiotherapy team. Growth monitoring in under 5 children and importance of healthy diet are being undertaken to support ICDS services. The CAG also provides advocacy on plantation and usage of different types of medicinal plants by the ayurveda team. Educating the farmers about the farming and correct usage of pesticides and manure as well as proper storage of crops are being done by the agricultural Faculties. Motivating the village women aiming women empowerment by making the beautiful decor items by dry flower technology has also been rendered by agriculture team. CAG has Motivated Twenty village women to initiate a food industry through Small Scale domestic Support Group to produce papad, vermicelli, pickles etc by nutrition team. Advocating the women regarding the correct usage of contraceptives and proper maintenance of menstrual hygiene and also included in the training of the school children. Students of four school and their teachers were trained regarding the CPR (cardiopulmonary resuscitation) by the nursing team. This has been highly accepted by the villagers. This would help increasing the life time of people who get heart attack and do not survive since care was not provided to them during the 'golden period' of survival. All these activities have benefitted the villagers in various ways.

The following key aims and objectives were laid down to be achieved till Sept 30-

- 1. To educate the school children, Nursing faculty, regarding the **CPR technique** in different schools and the volunteer children will demonstrate the technique in Synergy to be organized in October 2019 by SGTU.
- 2. Agriculture dept will conduct the **Dry Flower Technology** technique demonstration among the women's group of village and select volunteer women to produce the Dry flower Decor show in the forth coming Synergy, 2019.
- 3. Ayurveda dept will plant a **medicinal garden** in the Govt School and educate the students and teachers regarding their medicinal properties of each plant and voluntary students will demonstrate the uses of these plants in Synergy.
- 4. Nutrition dept will help creat the women empowered group of the village to start their own **Cooperative Food industry** and launch sale their product in the Synergy.

The outcome of all these activities will be demonstrated in the Synergy event.

#### Activities by Nursing and Medical Team

CPR (cardio-pulmonary resuscitation) is a technique used to keep victims of sudden cardiac arrest and other emergencies to prevent brain damage until transported to more advanced medical centre or till the Doctor to arrive. The goal of CPR is to keep oxygen flowing in and out of the lungs and to keep oxygenated blood flowing through the body. This will delay tissue death. Circulating blood that contains oxygen is required to keep tissues in the body alive and functioning. The brain may sustain damage after blood flow has been stopped for about 4 minutes. There is irreversible damage to the brain after blood flow has stopped for 7 minutes. To be successful, CPR should be started within 6 minutes of a person having a sudden cardiac arrest. In a cardiac arrest emergency, every second counts. If performed immediately, CPR can double or triple a person's chance of survival.

Empowering all youth with CPR training in schools will dramatically increase the number of first responders in communities each year and save lives. Training the children early in life can impart CPR skills to them before they develop fears and self-consciousness around the procedure. Therefore the medical and nursing team of Community Action Group (CAG) planned to train school children about cardio-pulmonary resuscitation (CPR) as there is no age limit when it comes to saving lives by CPR.



(The Nursing team)

#### Schools covered :

Different schools including 1 Government and 2 private schools were selected to train CPR skills to school children about cardio-pulmonary resuscitation (CPR) The following schools were approached:-

- 1. Guru Ram Dass Convent School, Khera-khurampur
- 2. Government Middle School, Khera
- 3. Oxford Convent School, Khera

Community Action Group team conducted a hands on training session on Cardio-Pulmonary Resuscitation (CPR) at Government Middle School, Khera, Farukhnagar, Gurugram. The students of 6<sup>th</sup> to 8<sup>th</sup> standard, the school teachers and administrative staff were given training of CPR. The team emphasised the importance of CPR and explained the role that each one can play in saving a life. The team also highlighted the importance of CPR as a life saving measure for the victims of cardiac arrest and also when to give CPR, its technique and steps. The programme included an interactive session and simulation on CPR by MSc Nursing students (Medical Surgical Nursing).The steps of CPR were performed on the adult CPR manikin. The students were given opportunity to practice CPR on the manikins. Our team is delighted to witness the active response of students and school staff in learning the skills of CPR.



#### Training of School students regarding the CPR Technique

The team again visited the Govt Middle School Khera Khurrampur. The agenda for the visit this time was to prepare a team of students who will be demonstrating CPR (for which they were trained in previous sessions) in Synergy 2019 at SGT University. The plan was discussed with the headmaster and the teachers. Later the students were asked questions on CPR and asked to demonstrate the skills. A list of interested students was made. Among these interested students, a group of 10 students will be selected. The students will be further trained and prepared to demonstrate CPR in synergy at SGT.

Community medicine and Nursing team of community Action Group also conducted a training session on Cardio-Pulmonary Resuscitation (CPR) at Guru Ram Sharan Dass School, Khera, Farukhnagar, Gurugram.

The students of 7<sup>th</sup> & 8<sup>th</sup> standard were given training of CPR. The team also highlighted the importance of CPR as a life saving measure for the victims of cardiac arrest, when to give CPR, its technique and steps. The programme included CPR training by MSC Nursing students. The steps of CPR were practiced on adult CPR manikin by the students.

The team repeatedly visited the Government Middle School, Khera, Farukhnagar for practice session of CPR and selected ten students for Synergy project. The students were given opportunity to practice CPR on the adult mannequin. The team had interaction with the students regarding CPR and clarified their doubts. The following students were selected:

S.NO NAME		CLASS	
1.	Pawan	VI	
2.	Nakul	VII	
3.	Harsh	VII	
4.	Ishwar	VII	
5.	Yogesh	VII	
6.	Shivank	VIII	
7.	Shivam	VIII	
8.	Pankaj	VIII	
9.	Jatin	VIII	
10.	Deepanshu	VIII	



School students performing the CPR technique

#### Activities by Nutrition Team

Under Community Action Group Dr. G.B Bhatt and Dr. Vatsala Saharan from Nutrition department formulated a women group with 12 women from the village Khera khurampur. These women were found very much interested in entrepreneurship for earning their



SGT UNIVERSITY SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved) Gurugram, Delhi-NCR

FMMT (2019-20)

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The faculty of Mass Communication and Media technology organised an outreach program cum awareness campaign on Media Literacy at Sarvodaya Kanya Vidyalaya and Rachna Public school at Ghummanhera village of Gurugram. The objective of this campaign was to aware the students about the proper use of media as it builds an understanding of its role in society as well as essential skills of inquiry and self- expression necessary for all the citizens. Media literacy is a theme which is situated at the intersection of different policy fields including Media and Education. Both policy fields are already active in the field of media literacy and want to give a powerful impulse to the further expansion of a coordinated and integrated policy and to the developments within the field. Media literacy encompasses the practices that allow people to access, critically evaluate, and create media. Media literacy is not restricted to one medium and therefore has had several different attempts to have a specific definition over the years.

Media literacy definitions have been defined based on general skills pertinent to all media or definitions relating to specific mean forms of media. Media Literacy Education defines it as a series of communication competencies with the ability to access, analyze, evaluate, and communicate in a variety of forms which can be print or non-print messages. They find that media literacy allows people to be critical thinkers and creative in many messages like image, language, and sound.



